ABSTRAK

**KEMAMPUAN PERENCANAAN KARIER MAHASISWA TINGKAT AKHIR
(Studi Deskriptif pada Mahasiswa Program Studi Bimbingan dan Konseling
Universitas Sanata Dharma Angkatan 2016 dan Implikasi terhadap
Topik-Topik Bimbingan Karier)**

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2020

Penelitian ini bertujuan untuk: 1) mendeskripsikan kemampuan perencanaan karier mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma (Prodi BK USD) angkatan 2016; 2) mengidentifikasi *item* instrumen kemampuan perencanaan karier yang capaian skornya rendah pada mahasiswa Prodi BK USD angkatan 2016; dan 3) mengidentifikasi topik-topik layanan bimbingan karier yang tepat untuk meningkatkan kemampuan perencanaan karier mahasiswa berdasarkan butir *item* instrumen yang capaian skornya rendah.

Jenis penelitian ini adalah deskriptif kuantitatif dengan subjek mahasiswa tingkat akhir Prodi BK USD angkatan 2016 berjumlah 40 orang. Instrumen penelitian yang digunakan yaitu survei yang disusun berdasarkan 6 aspek kemampuan perencanaan karier (Carney & Wells, 1986), yaitu: 1) *desicion making*; 2) *self-assessment*; 3) *information gathering*; 4) *integration*; 5) *job-search strategies*; dan 6) *work of adjustment and career expansion*. Survei kemampuan perencanaan karier memuat 60 *item* dengan 4 alternatif jawaban, yaitu: 1) sangat setuju; 2) setuju; 3) tidak setuju; dan 4) sangat tidak setuju. Validitas *item* berjumlah 44 *item* dan reliabilitas instrumen dihitung menggunakan pendekatan koefisien *Alpha Cronbach* dengan nilai 0.929. Data dianalisis secara deskriptif berdasarkan 5 kategorisasi, yaitu: 1) sangat tinggi; 2) tinggi; 3) sedang; 4) rendah; dan 5) sangat rendah.

Hasil penelitian yaitu sebagai berikut: 16 mahasiswa (40%) memiliki kemampuan perencanaan karier sangat tinggi, 21 mahasiswa (52,5%) memiliki kemampuan perencanaan karier tinggi, 3 mahasiswa (7,5%) memiliki kemampuan perencanaan karier sedang, dan 0 mahasiswa (0%) memiliki kemampuan perencaan karier rendah dan sangat rendah. Dapat disimpulkan bahwa tingkat kemampuan perencanaan karier mahasiswa tingkat akhir Prodi BK angkatan 2016 sudah baik. Dari penghitungan skor item terdapat 15 item (34.1%) memperoleh skor sangat tinggi, 29 item (65.9%) memperoleh skor tinggi, dan 0 item (0%) memperoleh skor sedang, rendah, atau pun sangat rendah. Terdapat 6 item dalam kategori tinggi memiliki capaian skor yang terbilang rendah dan dijadikan dasar penyusunan topik bimbingan karier untuk meningkatkan kemampuan perencanaan karier mahasiswa.

Kata Kunci: kemampuan perencanaan karier, mahasiswa tingkat akhir

ABSTRACT

FINAL YEAR STUDENTS CAREER PLANNING ABILITY
(Descriptive Study on Students of Guidance and Counseling Study Program of Sanata Dharma University Class of 2016 and Implications for Career Guidance Topics)

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This study was aimed to: 1) describe the career planning ability of final year student of Guidance and Counseling Study Program of Sanata Dharma University class of 2016; 2) identify low score items of career planning ability instrument on final year student of Guidance and Counseling Study Program of Sanata Dharma University class of 2016; 3) identify an appropriate career guidance topics to improve students career planning ability based on low scored instrument items.

The research was a quantitative descriptive study with subjects were the final year student of Guidance and Counseling Study Program of Sanata Dharma University class of 2016, with total subject were 40 students. The research instrument used was a survey constructed from six aspects of career planning ability (Carney & Wells, 1986): 1) decision making; 2) self-assessment; 3) information gathering; 4) integration; 5) job-search strategies; and 6) work of adjustment and career expansion. The career planning ability survey contains 60 items with 4 alternative answers, namely: 1) strongly agree; 2) agree; 3) disagree; 4) strongly disagree. Instrument validity of the items amounted to 44 items and instrument reliability was calculated using the Cronbach Alpha coefficient approach with a value of 0.929. Data were analyzed descriptively into 5 categories, namely: 1) very high; 2) high; 3) moderate; 4) low; 5) very low.

The result of the research are: 16 students (40%) had a very high career planning ability, 21 students (52.5%) had a high career planning ability, 3 students (7.5%) had moderate career planning ability, and 0 students (0%) had a low and very low career planning ability. These can be concluded that the final year students of Guidance and Counseling Study Program of Sanata Dharma University class of 2016 already had a good career planning ability. From the item scoring there were 15 items (34.1%) had a very high score, 29 items (65.9%) had a high score, and 0 item (0%) had a moderate, low, and very low score. There are 6 items in the high category that have relatively low score and become the basis to arranged career guidance topics to improve students career planning ability.

Keyword*: career planning ability, final year student*