

HUBUNGAN ANTARA *PSYCHOLOGICAL WELL BEING* DENGAN *WORK ENGAGEMENT* PADA PENYIAR RADIO

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *psychological well being* dengan *work engagement* pada penyiar radio. Hipotesis dalam penelitian ini adalah terdapat hubungan positif *psychological well being* dengan *work engagement* penyiar radio dalam menjalani perannya. Subjek penelitian berjumlah 72 penyiar radio. Instrumen dalam penelitian ini adalah skala *work engagement* pada penyiar radio dengan reliabilitas $\alpha = 0,903$ yang terdiri dari 22 aitem dan skala adaptasi Ryff *psychological well-being* yang terdiri dari 84 aitem dengan realibilitas $\alpha = 0,945$. Hipotesis diuji dengan *Spearman's Rho Correlation* dengan asumsi linearitas terpenuhi dan data terdistribusi tidak normal. Hasil uji menunjukkan bahwa hipotesis diterima dimana $r = 0,243$ dengan nilai signifikansi sebesar $p = 0,039$. Hal ini berarti terdapat hubungan positif antara *psychological well being* dengan *work engagement* pada penyiar radio.

Kata Kunci: Keterikatan kerja, Kesejahteraan psikologis, Penyiar radio

**THE CORRELATION BETWEEN PSYCHOLOGICAL WELL BEING AND
WORK ENGAGEMENT ON RADIO ANNOUNCERS**

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ABSTRACT

The aim of the current study is to investigate the correlation between psychological well being and work engagement on radio announcers. The hypothesis of this research is about the positive correlation between psychological well being and work engagement of radio announcer on acting their role. There are 72 radio announcers as subjects in this research. Instrument of the research are *work engagement scale on radio announcers with reliability coefficient $\alpha = 0.903$* included 22 items and adaptation of *psychological well being scale by Ryff with reliability coefficient $\alpha = 0.945$* on 84 items. Data were analyzed with Spearman's Rho Correlation technique because there is a linear correlation and the data did not follow normal distribution. The analysis result show that hypothesis accepted where $r = 0.243$ with significance value $p = 0.039$. This result means that there is positive relationship between psychological well being and work engagement on radio announcers.

Keyword: *Work Engagement, Psychological Well Being, Radio Announcer*