

**DINAMIKA PENGALAMAN PENGAMBILAN KEPUTUSAN
MENGAKHIRI HUBUNGAN PACARAN PENUH KEKERASAN PADA
PEREMPUAN DEWASA MUDA**

Lucia Citra Pertiwi

ABSTRAK

Penelitian ini berfokus pada proses pengambilan mengakhiri hubungan pacaran penuh kekerasan pada perempuan dewasa muda. Penelitian ini bertujuan untuk menggali pengalaman kekerasan dalam pacaran pada perempuan dewasa muda serta mengetahui proses pengambilan keputusan korban untuk mengakhiri hubungan penuh kekerasan. Penelitian ini menggunakan pendekatan kualitatif dengan wawancara semi-terstruktur terhadap empat perempuan dewasa muda korban kekerasan dalam pacaran yang telah meninggalkan pasangannya. Analisis data menggunakan pendekatan fenomenologi interpretatif atau *Interpretative Phenomenological Analysis* (IPA). Hasil dari penelitian ini yakni proses pengambilan keputusan perempuan, yakni (1) pasangan menyesali perbuatan dan meminta maaf, (2) korban memberikan kesempatan, (3) meninggalkan pasangan. Dalam proses tersebut, perempuan dihadapkan pada pertimbangan untuk mengambil keputusan seperti investasi waktu dan tenaga, janji bahwa hubungan akan berlanjut ke jenjang pernikahan, keyakinan pasangan akan berubah serta pasangan telah memenuhi kebutuhan emosional korban. Dampak yang diterima korban kekerasan setelah mengakhiri hubungan terdiri atas dampak personal seperti trauma, perasaan bersalah, ketidakberdayaan dan dampak interpersonal yakni dalam relasi romantis dan relasi dengan keluarga.

Kata kunci: pengambilan keputusan; kekerasan dalam pacaran; perempuan dewasa muda

***THE DYNAMICS OF YOUNG ADULT WOMEN'S DECISION-MAKING
EXPERIENCE LEAVING ABUSIVE PARTNERS***

Lucia Citra Pertiwi

ABSTRACT

Focus of this research is the experiences of young adult women's decision-making processes to leave their abusive partners. This research aims to explore the experiences of young adult women as victims of dating violence and their decision-making's processes to leave their abusive partners. The method used in this research was qualitative with semi-structure interview. Data analysis was used with Interpretative Phenomenological Analysis (IPA) approach. The result of the research is that there are three processes that influenced the victim's decision-making, which are (1) partners asked for apology, (2) victims gave a second chance, and (3) left the abusive partners. Throughout the process of making decision to leave their partners, women were influenced by these factors: investment of time and energy, their beliefs that the relationship lead to marriage, their beliefs that her partners would change, and partners have fulfilled women's emotional needs. Leaving abusive partners gives personal and interpersonal impacts to the victims such as trauma, self-blame, helplessness, fear to start a new romantic relationship and improved relationship with parents.

Keywords: *decision-making; dating violence; young adult women*