

PENGARUH PEMBERDAYAAN KARYAWAN, STRES KERJA, DAN LINGKUNGAN KERJA FISIK TERHADAP KINERJA KARYAWAN DI PRIMA IN HOTEL MALIOBORO YOGYAKARTA

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Penelitian ini bertujuan untuk mengetahui (1) pengaruh pemberdayaan karyawan terhadap kinerja karyawan, (2) pengaruh stres kerja terhadap kinerja karyawan, (3) pengaruh lingkungan kerja fisik terhadap kinerja karyawan, (4) dan pengaruh pemberdayaan karyawan, stres kerja, dan lingkungan kerja fisik secara bersama-sama terhadap kinerja. Populasi dalam penelitian ini adalah karyawan Prima In Hotel. Pengambilan sampel ini menggunakan metode *sampling* jenuh dengan jumlah responden sebanyak 44 orang, teknik pengumpulan data menggunakan kuesioner dan analisis data menggunakan analisis regresi linear berganda. Kesimpulan dari penelitian ini adalah (1) pemberdayaan karyawan berpengaruh terhadap kinerja karyawan, (2) stres kerja berpengaruh terhadap kinerja karyawan, (3) lingkungan kerja fisik tidak berpengaruh terhadap kinerja karyawan, (4) dan pemberdayaan karyawan, stres kerja, dan lingkungan kerja fisik secara bersama-sama berpengaruh terhadap kinerja karyawan.

Kata Kunci : pemberdayaan karyawan, stres kerja, lingkungan kerja fisik, kinerja karyawan.

ABSTRACT

**THE INFLUENCE OF EMPLOYEE EMPOWERMENT, WORK STRESS,
AND THE PHYSICAL WORK ENVIRONMENT ON EMPLOYEE
PERFORMANCE**

A Study on Employees of Prima In Hotel, Malioboro Yogyakarta

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This study aims to determine (1) the influence of employee empowerment on employee performance, (2) the influence of work stress on employee performance, (3) the influence of physical work environment on employee performance, (4) and the simultaneous influence of employee empowerment, work stress, and physical work environment on employee performance. The population in this study consisted of employees of Prima In Hotel, Malioboro, Yogyakarta. This sampling method used was saturated sampling with the number of respondents was 44 peoples, data were collected by distributing a questionnaire. The data were analyzed with multiple linear regression. The conclusions of this study was that (1) employee empowerment has an influence on employee performance, (2) work stress influences employee performance, (3) physical work environment has no influence on employee performance, (4) and employee empowerment, work stress, and physical work environment simultaneously have an influence on employee performance.

Keywords: employee empowerment, work stress, physical work environment, employee performance.

