

HUBUNGAN KOMUNIKASI INTERPERSONAL DAN KOMITMEN BERPACARAN PADA INDIVIDU DEWASA AWAL

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara komunikasi interpersonal dan komitmen berpacaran pada individu dewasa awal. Hipotesis yang diajukan dalam penelitian ini yaitu adanya hubungan positif antara komunikasi interpersonal dan komitmen berpacaran pada individu dewasa awal. Subjek dalam penelitian ini sebanyak 1.090 individu dewasa awal berusia 18-25 tahun yang sedang berpacaran. Penelitian ini merupakan penelitian kuantitatif dengan teknik pengambilan sampel *random sampling* dan menggunakan metode dua skala Likert, yaitu skala komunikasi interpersonal serta skala komitmen berpacaran. Uji coba skala menghasilkan koefisien reliabilitas pada skala komunikasi interpersonal sebesar 0,947 dan pada skala komitmen berpacaran sebesar 0,748. Data penelitian dianalisis menggunakan teknik korelasi *Spearman's Rho one-tailed* karena data tidak terdistribusi normal. Hasil uji korelasi menunjukkan nilai koefisien korelasi sebesar 0,645 dan nilai signifikansi (p) = 0,000 ($p < 0,01$). Berdasarkan hasil tersebut, dapat disimpulkan bahwa terdapat hubungan positif dan signifikan antara komunikasi interpersonal dan komitmen berpacaran.

Kata kunci: komunikasi interpersonal, komitmen berpacaran, individu dewasa awal.

***RELATION BETWEEN INTERPERSONAL COMMUNICATION AND
RELATIONSHIP COMMITMENT AT EARLY INDIVIDUAL ADULTHOOD***

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ABSTRACT

This research intended to know the relation between interpersonal communication and relationship commitment at early individual adulthood. The hypothesis proposed in this research was there is a positive correlation between interpersonal communication and relationship commitment at early individual adulthood. The subjects of this research were 1.090 people in their early individual adulthood age 18 – 25 years old currently in dating. This research was a quantitative research with random sampling method and used two Likert scale method, there are interpersonal communication scale and relationship commitment scale. The scale's try out resulted reliability coefficient for interpersonal communication scale is 0,947 and for relationship commitment scales is 0,748. The data was analyzed by Spearman's Rho one-tailed correlation method because the data were not distributed normally. The results of correlation test are the correlation coefficient value is 0,645 and the signification value is $(p) = 0,000$ ($p < 0,01$). Based on the result, it can be concluded that there is a positive and significant correlation between interpersonal communication and relationship commitment.

Keywords: interpersonal communication, relationship commitment, early individual adulthood.