ABSTRAK

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PERBEDAAN PERILAKU AGRESI REMAJA YANG BERASAL DARI SEKOLAH HOMOGEN DAN HETEROGEN

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Penelitian ini bertujuan: 1) mendeskripsikan intensitas perilaku agresi remaja sekolah homogen; 2) mendeskripsikan intensitas perilaku agresi remaja sekolah heterogen; 3) mengidentifikasi item-item yang memiliki skor tinggi pada perilaku agresi remaja sekolah homogen dan sekolah heterogen untuk kemudian dijadikan acuan dalam membuat usulan program bimbingan klasikal sehingga dapat meminimalisir adanya kecenderungan perilaku agresi pada remaja; dan 4) menguji perbedaan perilaku agresi pada remaja sekolah homogen dan sekolah heterogen.

Penelitian ini adalah penelitian kuantitatif dengan desain penelitian komparatif. Subjek penelitian adalah 138 siswa yang terdiri dari 71 siswa kelas XI SMA Kolese De Britto Yogyakarta dan 67 siswa kelas XI SMAN 2 Banguntapan. Teknik pengumpulan data yang digunakan adalah survei dan disajikan dalam bentuk skala *likert*. Instrumen penelitian berupa skala perilaku agresi remaja sejumlah 39 item dengan 4 alternatif jawaban. Penyebaran instrumen dilakukan dengan *google forms*. Uji validitas yang digunakan adalah validitas isi dan korelasi item total. Berdasarkan uji validitas yang telah dilakukan terdapat 39 item valid. Uji reliabilitas yang digunakan adalah *alpha cornbach* dengan hasil 0,899, maka reliabilitas tinggi. Uji perbedaan perilaku agresi dianalisis dengan mencari rerata perilaku agresi remaja sekolah homogen dan sekolah heterogen, serta diuji menggunakan teknik *independent sample t-tes*.

Hasil penelitian: 1) berdasarkan deskripsi skor perilaku agresi remaja yang berasal dari sekolah homogen diperoleh 1,41% dengan kategori tinggi, 25,35% dengan kategori sedang, 38,03% dengan kategori rendah, dan 35,21% dengan kategori sangat rendah; 2) berdasarkan deskripsi skor perilaku agresi remaja yang berasal dari sekolah heterogen diperoleh 2,99% dengan kategori sedang, 28,36% dengan kategori rendah, dan 68,66% dengan kategori sangat rendah; 3) berdasarkan hasil analisis skor item ditemukan 15,4% item tes dengan kategori sedang, 48,7% item tes dengan kategori rendah; dan 35,9% item tes dengan kategori sangat rendah; dan 4) berdasarkan hasil uji hipotesis terdapat perbedaan rerata perilaku agresi remaja sekolah homogen dan sekolah heterogen, dari uji-t yang dilakukan diperoleh hasil bahwa perbedaan tersebut signifikan dengan nilai $p = 0,000 < 0,05$, artinya remaja sekolah homogen lebih agresif dibandingkan remaja sekolah heterogen.

Kata kunci: agresi, agresivitas, remaja, sekolah homogen, sekolah heterogen

ABSTRACT

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DIFFERENCES IN AGGRESSIVE BEHAVIOR IN ADOLESCENT FROM HOMOGENOUS AND HETEROGENEOUS SCHOOLS

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This research aims 1) to describe the intensity of aggressive behavior in adolescent form homogeneous school; 2) to describe the intensity of aggressive behavior in adolescent form heterogeneous school; 3) to identify items that have high scores on the aggressive behavior in adolescent form homogeneous and heterogeneous schools then be used as a reference in making suggestion for classical guidance programs so as to minimize the tendency for aggression in adolescents; and 4) to test the differences in aggressive behavior in adolescent form homogeneous and heterogeneous schools.

This research is a quantitative research with a comparative research technique. The objects of the research were 138 students consisting of 71 students of grade XI SMA Kolese De Britto Yogyakarta and 67 students of grade XI SMAN 2 Banguntapan. The data gathering technique was a survey and presented in the form of a likert scale. The research instrument was a scale in aggressive behavior in adolescent with a total of 39 items and 4 alternative answers. The distribution of this research instrument by using the Google Forms. The validity test used was the content validity and the total item of correlation. Based on the validity test that has been done, there were 39 valid items. The reliability test used was alpha cornbach with a result of 0.899, thus the reliability was high. The test of differences in aggressive behavior was analyzed by looking for the average aggressive behavior in adolescents from homogeneous and heterogeneous schools, and tested using the independent sample t-test technique.

The results of this research are: 1) based on the description of the score of the aggressive behavior in adolescents from homogeneous schools, it was obtained 1.41% in the high category, 25.35% in the medium category, 38.03% in the low category, and 35.21% with the very low category; 2) based on the description of the score of the aggressive behavior in adolescents from heterogeneous schools, it was found that 2.99% was in the medium category 28.36% was in the low category and 68.66% was in the very low category; 3) based on the results of the item score analysis of the aggressive behavior in adolescents in this research, it was found that 15.4% test items were in the medium category, 48.7% of the test items were in the low category and 35.9% of the test items were in a very low category; and 4) based on the results of hypothesis testing, there were differences in the average of the aggressive behavior in adolescents from homogeneous and heterogeneous schools, from the t-test that was done, it was found the differences in aggressive behavior were significant with $p = 0.000 < 0.05$, it means that adolescents from homogeneous schools are more aggressive than adolescents from heterogeneous schools.

Keywords: aggresive, aggressiveness, adolescents, homogeneous school, heterogeneous school