

ABSTRAK**PENGARUH KECERDASAN EMOSIONAL DAN KEBUGARAN JASMANI TERHADAP MOTIVASI BELAJAR SISWA DI SMA NEGERI 1 NGAGLIK KABUPATEN SLEMAN, D.I. YOGYAKARTA**

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Penelitian ini bertujuan untuk mengetahui: (1) pengaruh positif kecerdasan emosional terhadap motivasi belajar siswa; (2) pengaruh positif kebugaran jasmani terhadap motivasi belajar siswa; (3) pengaruh positif kecerdasan emosional dan kebugaran jasmani secara bersama-sama terhadap motivasi belajar siswa.

Jenis penelitian ini adalah *ex-post facto* yang dilaksanakan pada bulan Mei 2021 di SMA Negeri 1 Ngaglik. Populasi penelitian ini adalah seluruh siswa-siswi kelas XI IPS SMA Negeri 1 Ngaglik dengan jumlah 106 siswa-siswi. Sampel penelitian ini sebanyak 85 siswa-siswi yang diambil dengan teknik pengambilan sampel acak sederhana (*simple random sampling*). Data dianalisis dengan menggunakan regresi berganda.

Berdasarkan hasil analisis data diperoleh nilai $F = 13,891$ dengan taraf signifikansi 0,000. Persamaan regresi yang diperoleh $Y = 18,295 + 0,418 X_1 + 0,336 X_2$. Dari hasil pengujian diperoleh kesimpulan bahwa: (1) ada pengaruh positif kecerdasan emosional terhadap motivasi belajar siswa dengan koefisien regresi sebesar 0,418 dan taraf signifikansi 0,022; (2) ada pengaruh positif kebugaran jasmani terhadap motivasi belajar siswa dengan koefisien regresi sebesar 0,336 dan taraf signifikansi 0,003; dan (3) ada pengaruh positif antara kecerdasan emosional dan kebugaran jasmani secara bersama-sama terhadap motivasi belajar siswa dengan R Square (R^2) adalah 0,253, F hitung sebesar 13,891 dan hasil taraf signifikansi 0,000.

Kata kunci: Kecerdasan Emosional, Kebugaran Jasmani, dan Motivasi Belajar Siswa.

ABSTRACT**THE EFFECT OF EMOTIONAL INTELLIGENCE AND PHYSICAL FITNESS ON STUDENTS' LEARNING MOTIVATIONS IN SMA NEGERI 1 NGAGLIK, SLEMAN REGENCY, D.I. YOGYAKARTA**

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This study aimed to determine whether there were: (1) a positive effect of emotional intelligence on students' learning motivations, (2) a positive effect of physical fitness on students' learning motivations, and (3) a positive effect of emotional intelligence and physical fitness on students' learning motivations.

This type of research was *ex-post facto* which was conducted in May 2021 at SMA Negeri 1 Ngaglik. The population of this study were all students of Class XI IPS SMA Negeri 1 Ngaglik with a total of 106 students. The samples of this study were 85 students who were taken by *simple random sampling technique*. The data were analyzed using multiple regression.

Based on the results of data analysis, the value of F was 13,891 with a significance level of 0.000 that was obtained. The regression equation obtained is $Y = 18.295 + 0.418 X_1 + 0.336 X_2$. From the test results, it can be concluded that: (1) there was a positive effect of emotional intelligence on students' learning motivations with a regression coefficient of 0.418 and a significance level of 0.022; (2) there was a positive effect of physical fitness on students' learning motivations with a regression coefficient of 0.336 and a significance level of 0.003; and (3) there was a positive effect between emotional intelligence and physical fitness on the students' motivations with R Square (R^2) was 0,253, F count equal to 13.891 and the results of the significance level was 0.000.

Keywords: Emotional Intelligence, Physical Fitness, and Students' Learning Motivations.