

**PERCEIVED STRESS ORANG TUA MURID TK-SD  
DI MASA PANDEMI COVID-19**

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**ABSTRAK**

Penelitian ini merupakan penelitian deskriptif kuantitatif yang bertujuan untuk mengetahui *perceived stress* orang tua murid TK-SD di masa pandemi COVID-19 dengan mengeksplorasi insidensi dan interelasi antara *perceived stress* dengan variabel demografis yaitu kelompok usia dan tingkat pendidikan akhir. Subjek dari penelitian ini berjumlah 149 orang tua murid TK-SD. Pengambilan data dilakukan dengan menggunakan skala *Perceived Stress Scale-10* (PSS-10) yang telah diadaptasi ke dalam bahasa Indonesia oleh Purnami dan Sawitri (2019). Analisis data dilakukan dengan menggunakan uji Kruskal-Wallis. Hasil penelitian menunjukkan bahwa taraf *perceived stress* orang tua murid TK-SD di masa pandemi COVID-19 normal. Selain itu, hasil penelitian ini juga menunjukkan bahwa tidak terdapat perbedaan antara *Mean perceived stress* pada kelompok usia orang tua murid TK-SD di masa pandemi COVID-19. Akan tetapi, terdapat perbedaan *Mean perceived stress* yang signifikan pada tingkat pendidikan akhir orang tua murid TK-SD di masa pandemi COVID-19.

Kata kunci: *perceived stress*, orang tua murid TK-SD, pandemi COVID-19

**PERCEIVED STRESS OF PARENTS OF KINDEGARTEN AND  
ELEMENTARY SCHOOL STUDENTS DURING THE COVID-19 PANDEMIC**

*A Study by a Psychology College Student*

Maria Dhea Sani

**ABSTRACT**

*This research was a descriptive quantitative research to determine perceived stress of parents of kindergarten and elementary school students during the COVID-19 pandemic by exploring the incidence and interrelation between perceived stress and demographic variables, age and education level. The subjects in this research were 149 parents of kindergarten and elementary school students. Data were collected using Perceived Stress Scale-10 (PSS-10) which was adapted in Indonesian language by Purnami and Sawitri (2019). Data analysis was performed using Kruskal-Wallis test. The result showed that the level of perceived stress of the parents of kindergarten and elementary school students during the COVID-19 pandemic was normal. In addition, the results of this research also showed that there wasn't any difference Mean of perceived stress in various age groups of parents of kindergarten and elementary school students during the COVID-19 pandemic. However, there was a significant difference Mean of perceived stress during the COVID-19 pandemic based on the education level of parents of kindergarten and elementary school students.*

*Keywods:* *Perceived stress, Parents of Kindegarten and Elementary School Students, COVID-19 pandemic*