

DUKUNGAN SOSIAL SUAMI YANG DIRASAKAN ISTRI SETELAH MELAHIRKAN ANAK PERTAMA

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ABSTRAK

Penelitian ini bertujuan untuk mengidentifikasi dan menggambarkan bentuk dukungan sosial suami yang dirasakan istri setelah melahirkan anak pertama. Partisipan pada penelitian ini merupakan wanita dewasa awal yang telah melewati masa kelahiran anak pertamanya. Penelitian ini menggunakan pendekatan kualitatif deksriptif dan analisis data dilakukan dengan metode analisis isi kualitatif (AIK) secara deduktif. Pengambilan data dilakukan melalui wawancara semi terstruktur secara daring pada masing-masing partisipan. Hasil penelitian menunjukkan bahwa dukungan sosial yang diterima masuk dalam kategori *emotional support* (penguatan diri, empati, perhatian dan kepedulian dari sang suami), *informational support* (pemberian arahan oleh sang suami), *tangible support* (bantuan jasa), serta *belonging support* (kesediaan suami untuk beraktivitas bersama).

Kata kunci : dukungan sosial, suami, kelahiran anak pertama



HUSBAND'S SOCIAL SUPPORT TO THE WIFE AFTER THEIR FIRST LABOR

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ABSTRACT

The study aimed to identify the husband's social support to the wife after their first labor. The subject in this study were early adult women who had passed their first birth. This study used a descriptive qualitative approach, and the data analysis was carried out using a deductive qualitative content analysis (AIK) method. The data was gathered by researcher using semi structured online interviews with each participant. The result shows that the social support felt by the participants was included in the category emotional support (self-strengthening, empathy from husband, affection, and care from husband), informational support (direction from husband), tangible support (assistance support), and also belonging support (husband's willingness to spend time together).

Keywords: social support, husband, the first child birth

