

**STUDI FENOMENOLOGI: MAKNA PENGALAMAN REMAJA
PERTENGAHAN YANG DIBERI LABEL NEGATIF OLEH
*SIGNIFICANT OTHERS***

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui makna pengalaman remaja usia pertengahan yang diberi label negatif oleh *significant others*. Pertanyaan penelitian yang diajukan adalah apa makna pengalaman remaja usia pertengahan yang diberi label negatif oleh *significant others*. Penelitian ini merupakan jenis penelitian kualitatif yang menggunakan analisis fenomenologi interpretatif (AFI) sebagai metode analisis data penelitian. Informan dalam penelitian ini merupakan siswa/i dari beberapa sekolah menengah atas (SMA) yang berada di Yogyakarta yang berusia sekitar 15-18 tahun. Pengambilan data dilakukan dengan membagikan kuesioner dan melakukan wawancara semi terstruktur kepada para informan penelitian. Validitas hasil penelitian didapatkan dengan melakukan *member checking*, triangulasi data, dan menyediakan deskripsi-deskripsi yang kaya, padat, serta rinci tentang hasil penelitian. Hasil penelitian menunjukkan bahwa para informan memaknai pengalamannya terkait pemberian label negatif dari *significant others* sebagai hal positif, yaitu sebagai bahan untuk mengintrospeksi dan memperbaiki diri. Kendati demikian, informan mengalami dan merasakan berbagai dampak negatif akibat label negatif yang mereka sandang, sehingga sebagian besar informan menganggap pengalamannya terkait pemberian label negatif dari *significant others* sebagai pengalaman yang tidak atau kurang menyenangkan.

Kata kunci: makna pengalaman, remaja pertengahan, label negatif, *significant others*

***PHENOMENOLOGY STUDY: THE MEANING OF EXPERIENCE OF
MIDDLE-AGED ADOLESCENTS WITH NEGATIVE LABELS FROM
THEIR SIGNIFICANT OTHERS***

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ABSTRACT

The objective of this research is to find out the meaning of the experience of middle-aged adolescents whose been given negative labels from/by their significant others. Thus, the research question proposed is “what is the meaning of that experience of middle-aged adolescents whose been given negative labels from/by their significant others?”. The type of this research is a qualitative research which uses the interpretative phenomenology analysis (IPA) as a tool to analyze the data that researcher has collected. Data were collected through questionnaires and semi-structured interviews from research subjects who are students from some of highschools in Yogyakarta. Research subjects are middle-aged adolescents, which are between the ages of 15-18 years old. The validity of this research was obtained by doing member checkings, data triangulations, and providing a rich and detailed description of the research results. Results show that the subjects have a less enjoyable/unenjoyable experience about the negative labels that have been given to them by their significant others. It is because the subjects feel and experience various negative effects caused by the negative labels that the subjects have had. On the contrary, most of the subjects view and interpret their experiences as a chance for introspection and a way to fix themselves.

Keywords: *meaning of experience, middle-aged adolescents, negative labels, significant others*