

ABSTRAK

Penelitian ini bertujuan untuk mengetahui tinggi tingkat kecemasan Mahasiswa Angkatan 2017 ketika berbicara di depan kelas pada Program Magang Implementasi Bimbingan dan Konseling di Program Studi Bimbingan dan Konseling Universitas Sanata Dharma

Jenis penelitian ini adalah penelitian kuantitatif. Penelitian ini dilaksanakan di kampus III Paingan Prodi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta yang beralamatkan Dusun Paingan, Maguwoharjo, Depok, Sleman, Daerah Istimewa Yogyakarta. Waktu pengambilan data melalui kuisisioner Google Form dilakukan pada bulan Januari – Februari 2022. Subjek pada penelitian ini adalah mahasiswa Program Studi Bimbingan dan Konseling angkatan 2017 Universitas Sanata Dharma yang berjumlah 40 orang mahasiswa. Kuesioner sudah dilakukan uji validitas dan reliabilitas. Nilai koefisien reliabilitas adalah 0,745 yang artinya kuesioner layak digunakan untuk mengumpulkan data penelitian.

Hasil penelitian menunjukkan bahwa tingkat kecemasan mahasiswa Angkatan 2017 ketika berbicara di depan kelas pada Program Magang Implementasi Bimbingan dan Konseling di Program Studi Bimbingan dan Konseling Universitas Sanata Dharma, dikategorikan tinggi, yaitu dengan nilai *mean* 2,67.

Kata Kunci: *Kecemasan, Berbicara di depan kelas, Mata kuliah Magang*



ABSTRACT

This study aims to determine the level of anxiety of Class 2017 students when speaking in front of classes in the Program Guidance and Counseling Implementation Internship Course at the Guidance and Counseling Study Program, University of Sanata Dharma.

This type of research is quantitative research. This research was conducted on Campus III Paingan Guidance and Counseling Study Program, University of Sanata Dharma Yogyakarta, which is located at Paingan Hamlet, Maguwoharjo, Depok, Sleman, Yogyakarta Special Region. The time of data collection through questionnaires Google Form was carried out in January - February 2022. The subjects in this study were students of the 2017 Guidance and Counseling Study Program at Sanata Dharma University of 40 people. The questionnaire has been tested for validity and reliability. The value of the reliability coefficient is 0.745 it means that the instrument is reliable to collect the data

The results showed that the level of anxiety of Class 2017 students when speaking in front of the class in the Program Guidance and Counseling Implementation Internship Course at the Guidance and Counseling Study Program, University of Sanata Dharma, was categorized as high, with the mean 2,67.

Keywords: Anxiety, Speaking in front of the class, Internship Course

