

**RELATIONSHIP BETWEEN EMOTIONAL DEPENDENCE
AND ROMANTIC JEALOUSY IN
EMERGING ADULTHOOD INDIVIDUALS WHO ARE DATING**

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ABSTRACT

This research aimed to know the correlation between emotional dependence and romantic jealousy emerging adulthood in a relationship. This research also aimed to know the correlation between emotional dependence and each dimension of romantic jealousy (cognitive, emotional, behavior). The respondent of this research was 333 emerging adulthood both male and female who were 18-25 years old and in a dating relationship. The major hypothesis proposed in this research that there was a positive correlation between emotional dependence and romantic jealousy emerging adulthood in a relationship. There were three minor hypotheses in this research: a positive correlation between emotional dependence and cognitive jealousy, emotional jealousy, and behavior jealousy emerging adulthood in a relationship. This research was quantitative and used purposive sampling. The data collection method in this research used two Likert scales: the emotional dependence scale and the romantic jealousy scale. The tryout of scales got a reliability 0.913 for emotional dependence scale and 0.888 for romantic jealousy scale. The research data was analyzed using Spearman's Rho correlation technique because data were not normally distributed. The results showed that there was correlation between emotional dependence and romantic jealousy ($r_s = 0.382$; $p < 0.01$), there was no correlation between emotional dependence and cognitive jealousy ($r_s = -0.177$; $p < 0.01$), there was correlation between emotional dependence and emotional jealousy ($r_s = 0.428$; $p < 0.01$), and there was correlation between emotional dependence and behavior jealousy ($r_s = 0.494$; $p < 0.01$).

Keywords : emerging adulthood, romantic jealousy, emotional dependence

HUBUNGAN ANTARA KETERGANTUNGAN EMOSIONAL DAN KECEMBURUAN ROMANTIS PADA INDIVIDU *EMERGING ADULTHOOD* YANG SEDANG BERPACARAN

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan ketergantungan emosional dan kecemburuan romantis pada individu *emerging adulthood* yang sedang berpacaran. Penelitian ini juga bertujuan untuk mengetahui hubungan ketergantungan emosional dan masing-masing dimensi dari kecemburuan romantis (kognitif, emosional, perilaku). Responden penelitian ini adalah 333 individu *emerging adulthood* berjenis kelamin laki-laki dan perempuan berusia 18-25 tahun yang sedang berpacaran. Hipotesis mayor penelitian ini adalah ada hubungan positif antara ketergantungan emosional dan kecemburuan romantis pada individu *emerging adulthood* yang sedang berpacaran. Hipotesis minor dalam penelitian ini ada tiga, yaitu ada hubungan positif antara ketergantungan emosional dan kecemburuan romantis secara kognitif, ada hubungan positif antara ketergantungan emosional dan kecemburuan romantis secara emosional, ada hubungan positif antara ketergantungan emosional dan kecemburuan romantis secara perilaku pada individu *emerging adulthood* yang sedang berpacaran. Penelitian ini adalah penelitian kuantitatif dengan teknik *purposive sampling*. Metode pengumpulan data menggunakan dua skala Likert, yaitu skala ketergantungan emosional dan kecemburuan romantis. Koefisien reliabilitas skala ketergantungan emosional sebesar 0.913 dan skala kecemburuan romantis sebesar 0.888. Hipotesis dianalisis menggunakan uji korelasi *Spearman's Rho* karena data tidak berdistribusi normal. Hasil menunjukkan ada hubungan positif antara ketergantungan emosional dan kecemburuan romantis ($r_s = 0.382$; $p < 0.01$), ada hubungan negatif antara ketergantungan emosional dan kecemburuan romantis secara kognitif ($r_s = -0.177$; $p < 0.01$), ada hubungan positif antara ketergantungan emosional dan kecemburuan romantis secara emosional ($r_s = 0.428$; $p < 0.01$), dan ada hubungan positif antara ketergantungan emosional dan kecemburuan romantis secara perilaku ($r_s = 0.494$; $p < 0.01$).

Kata kunci : *emerging adulthood*, kecemburuan romantis, ketergantungan emosional