

## ABSTRAK

### HUBUNGAN PERSEPSI TENTANG *FULL DAY SCHOOL* DENGAN STRES AKADEMIK, PARTISIPASI DALAM KEGIATAN NON AKADEMIK, DAN KARAKTER PESERTA DIDIK

Fridolin Advensia Trisulandi

Universitas Sanata Dharma

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Penelitian ini bertujuan untuk mengetahui: (1) hubungan persepsi bagi peserta didik tentang *full day school* dengan stres akademik; (2) hubungan persepsi bagi peserta didik tentang *full day school* dengan partisipasi dalam kegiatan non akademik; (3) hubungan persepsi bagi peserta didik tentang *full day school* dengan karakter peserta didik.

Penelitian ini merupakan penelitian *ex-post facto* yang dilakukan pada bulan September 2021. Populasi penelitian ini adalah seluruh peserta didik SMA Negeri 1 Depok dengan jumlah 216 peserta didik. Sampel penelitian yang berjumlah 140 peserta didik diambil dengan teknik *purposive sampling*. Data dikumpulkan dengan kuesioner dan dianalisis menggunakan uji korelasi *Product Moment Pearson*.

Hasil penelitian ini menunjukkan bahwa: (1) ada hubungan persepsi tentang *full day school* dengan stres akademik dengan nilai *correlation coefficient* = +0,208 dan nilai signifikansi (*2-tailed*) = 0,013; (2) tidak ada hubungan persepsi tentang *full day school* dengan partisipasi dalam kegiatan non akademik dengan nilai *correlation coefficient* = +0,106 dan nilai signifikansi (*2-tailed*) = 0,213; (3) tidak ada hubungan persepsi tentang *full day school* dengan karakter peserta didik dengan nilai *correlation coefficient* = -0,038 dan nilai signifikansi (*2-tailed*) = 0,659.

**Kata kunci :** persepsi tentang *full day school*, stres akademik, partisipasi kegiatan non akademik karakter peserta didik.

## ABSTRACT

### **THE RELATIONSHIP AMONG PERCEPTIONS OF FULL DAY SCHOOL, ACADEMIC STRESS, PARTICIPATION IN NON-ACADEMIC ACTIVITIES, AND STUDENTS' CHARACTERISTIC**

Fridolin Advensia Trisulandi  
Sanata Dharma University  
2022

*This research aimed to find out; (1) the relationship between perceptions of full day school and academic stress; (2) the relationship between perceptions of full day school and participation in non-academic activities; and (3) the relationship between perceptions of full day school and students' characteristic.*

*This research was an ex-post facto study conducted in September 2021. The population of the study were all students of SMA Negeri 1 Depok with a total number of 216 students. The research samples consisted of 140 students who were taken by purposive sampling technique. The data were collected by questionnaire and were analyzed using Pearson Product Moment correlation.*

*The results of this study indicated that: (1) there was a relationship between perceptions of full day school and academic stress with a correlation coefficient = +0,208 and a significance value (2-tailed) = 0,013; (2) there was no relationship between perceptions of full day school and participation in non-academic activities with a correlation coefficient = +0,106 and a significance value (2-tailed) = 0,213; (3) there was no relationship between perceptions of fuul day school and students' characteristic with a correlation coefficient = +0,038 and a significance value (2-tailed) = 0,659.*

**Keywords:** perception of full day school, academic stress, participation in non-academic activities, students' characteristic.