

**HUBUNGAN ANTARA DUKUNGAN SOSIAL KELUARGA
DENGAN *SUBJECTIVE WELL-BEING*
PADA MAHASISWA DI MASA PANDEMI COVID-19**

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara dukungan sosial keluarga dan dimensi kognitif, afek positif dan afek negatif pada mahasiswa di masa pandemi Covid-19. Hipotesis yang diajukan dalam penelitian ini adalah adanya hubungan antara dukungan sosial keluarga dengan *subjective well-being* (dimensi kognitif, afek positif dan afek negatif) pada mahasiswa di masa pandemi Covid-19. Subjek dalam penelitian ini adalah mahasiswa yang merupakan pria dan wanita berusia 18-25 tahun. Penelitian ini menggunakan jenis kuantitatif dengan teknik pengambilan sampel *purposive sampling*. Metode pengumpulan data dalam penelitian ini menggunakan dua skala Likert, yaitu skala dukungan sosial keluarga dan untuk mengukur *subjective well-being* menggunakan *satisfaction with life scale (SWLS)* dan *positive affect & negative affect schedule (PANAS)*. Hasil dari penelitian menghasilkan koefisien korelasi sebesar -0,398 hingga 0,478 dan nilai signifikansi sebesar 0,000. Penelitian ini juga menghasilkan koefisien korelasi pada ketiga skala tersebut diantara -0,354 hingga 0,478. dan nilai signifikansi sebesar $p = 0,000$ ($p < 0,05$). Data penelitian dianalisis dengan menggunakan teknik korelasi Spearman's Rho two-tailed karena kedua data terdistribusi tidak normal. Berdasarkan hal tersebut, dapat disimpulkan bahwa ada hubungan positif yang signifikan antara dukungan sosial keluarga dan *subjective well-being* pada mahasiswa di masa pandemi Covid-19.

Kata kunci: mahasiswa, dukungan sosial keluarga, *subjective well-being*.

**THE INFLUENCE OF FAMILY SOCIAL SUPPORT
AND SUBJECTIVE WELL-BEING
TOWARDS STUDENTS IN THE PANDEMIC COVID-19 ERA.**

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ABSTRACT

This study was aimed to acknowledge the influence of family social support with cognitive dimension, positive affect, and negative affect towards students in the pandemic Covid-19 era. The hypothesis proposed in this research is that there is a relationship between family support with the cognitive dimension, positive affect, and negative affect towards university students during pandemic Covid-19 era. The respondents of this study were students, male and female, aged between 18 - 25 years old. To analyze this research, a quantitative method was used by performing a purposive sampling. In addition, two types of Likert scales were applied to measure the variable of subjective well-being: Satisfaction With Life Scale (SWLS) and Positive Affective & Negative Affective Schedule (PANAS). The output of this research has shown that the coefficient reliability of the three scales was between 0.399 and 0.424. Furthermore, the significant score was $p = 0.000$ ($p < 0.05$). The research data was analyzed by using Spearman's Rho Correlation two-tailed since both of the data were not normally distributed. Based on the result, it could be concluded that family social support significantly influenced subjective well-being towards students in a pandemic Covid-19 era.

Keywords: students, family social support, subjective well-being.

