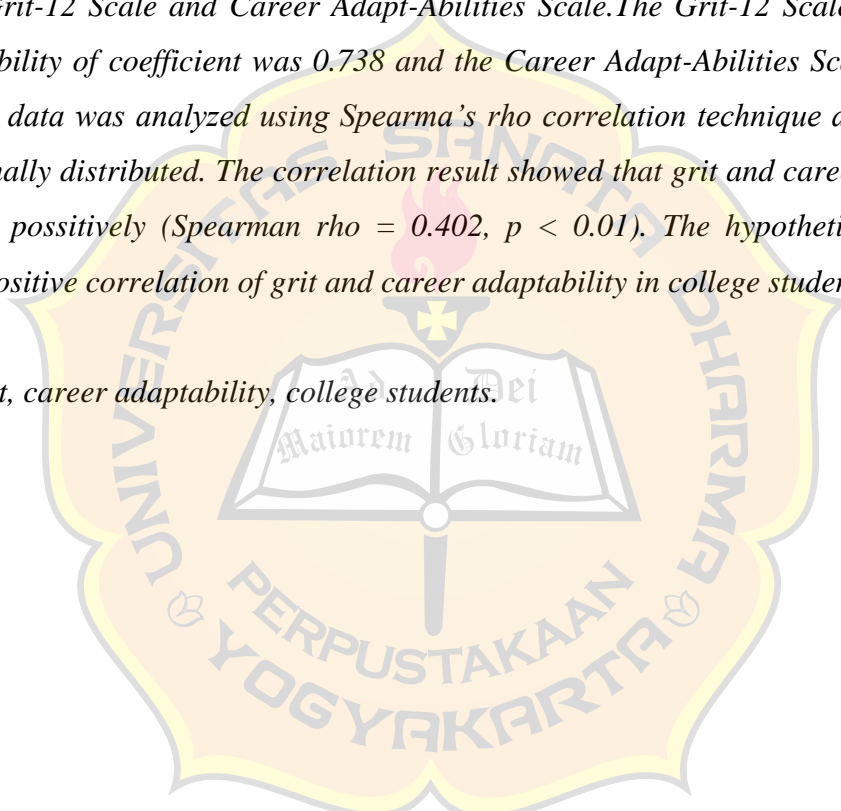


ABSTRACT

Jufany, Sheila Marchelina. (2022). The Correlation between Grit and Career Adaptability in College Students. *Thesis*. Yogyakarta: Psychology, Faculty of Psychology, Sanata Dharma University.

This research is aimed to find out the correlation between grit and career adaptability in college students. The hypothesis proposed in this research that there was a positive correlation of grit and career adaptability in college students. The respondents of this research were 219 college students in the 18 – 25 age range. This research used two scales, those were Grit-12 Scale and Career Adapt-Abilities Scale. The Grit-12 Scale has 12 items and the reliability of coefficient was 0.738 and the Career Adapt-Abilities Scale was 0.963. The research data was analyzed using Spearman's rho correlation technique due to the data was not normally distributed. The correlation result showed that grit and career adaptability is correlated positively (Spearman rho = 0.402, $p < 0.01$). The hypothetical result test showed the positive correlation of grit and career adaptability in college students.

Keyword: *grit, career adaptability, college students.*



ABSTRAK

Jufany, Sheila Marchelina (2022). Korelasi antara *Grit* dan Adaptabilitas Karir pada Mahasiswa. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui korelasi antara *grit* dan adaptabilitas karir pada mahasiswa. Hipotesis dalam penelitian ini adalah adanya korelasi positif antara *grit* dan adaptabilitas karir pada mahasiswa. Responden dalam penelitian ini sebanyak 219 mahasiswa dengan rentang usia 18 – 25 tahun. Alat pengumpulan data yang digunakan adalah skala *Grit-12* dan *Career Adapt-Abilities Scale*. Skala *Grit-12* memiliki 12 item dengan koefisien reliabilitas = 0.738 dan *Career Adapt-Abilities Scale* memiliki 24 item dengan koefisien reliabilitas = 0.963. Analisis data menggunakan uji korelasi *Spearman's rho* karena data tidak terdistribusi normal. Hasil uji korelasi menunjukkan *grit* dan adaptabilitas karir berkorelasi positif (*Spearman rho* = 0.402, $p < 0.01$). Hasil uji hipotesis menunjukkan adanya korelasi positif antara *grit* dengan adaptabilitas karir pada mahasiswa.

Kata kunci: *grit*, adaptabilitas karir, mahasiswa.

