

## ABSTRACT

Soraya, Salma. (2022). *An Analysis of Speaking Anxiety in ELESP Students Batch 2018 in Public Speaking Class*. Yogyakarta: English Language Education Study Program, Sanata Dharma University.

Public speaking is one of the subjects taught in English Language Education Study Program Sanata Dharma University. Public speaking subject focuses on improving and encouraging the English Foreign Language (EFL) students to speak fluently and effectively. In the public speaking class, students are required to speak in front of the class and to make a contact with the audience. However, some students may find it challenging to speak in front of the class since they may experience speaking anxiety.

The purpose of this research is to find the types of speaking anxiety and the factors that contributed to the speaking anxiety experienced by ELESP students in Public Speaking Class batch 2018. There were two research questions in this research, (1) “What types of anxiety occur to students in Public Speaking class when speaking English?”, and (2) “What anxiety factors contributed to students’ speaking anxiety in Public Speaking class?”

This research was conducted using qualitative research. The research participants were the students of Public Speaking class of ELESP batch 2018 who had experienced Public Speaking class in semester five. The researcher obtained the data through questionnaires and interviews.

Based on the result of the study, speaking anxiety appeared during the public speaking performance. The most experienced type of speaking anxiety by the students was speaking anxiety. Whereas the most experienced internal factor had palpitation, the most experienced external factor was being unconfident in speaking English in front of the class.

**Keywords:** *public speaking, speaking anxiety. Foreign language anxiety*

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*Public speaking* merupakan salah satu mata kuliah yang diajarkan di Program Studi Pendidikan Bahasa Inggris Universitas Sanata Dharma. Mata kuliah *Public Speaking* berfokus pada peningkatan dan dorongan bagi siswa English Foreign Language (EFL) untuk berbicara dengan lancar dan efektif. Di kelas *Public Speaking*, siswa diharuskan untuk berpidato di depan kelas dan melakukan kontak dengan audiens. Namun, beberapa siswa mungkin merasa sulit untuk berbicara di depan kelas karena mereka mungkin mengalami kecemasan berbicara.

Tujuan dari penelitian ini adalah untuk menemukan jenis-jenis kecemasan berbicara dan faktor-faktor yang berkontribusi dari kecemasan berbicara yang dialami oleh mahasiswa ELESP di kelas public speaking angkatan 2018. Ada dua pertanyaan penelitian dalam penelitian ini, (1) "Jenis kecemasan apa yang terjadi pada siswa di kelas *Public Speaking* ketika berbicara bahasa Inggris?", dan (2) "Faktor kecemasan apa yang berkontribusi pada kecemasan berbicara siswa di kelas *Public Speaking*?"

Penelitian ini dilakukan dengan menggunakan penelitian kualitatif. Peserta penelitian adalah mahasiswa kelas *Public Speaking ELESP* angkatan 2018 yang telah berpengalaman dalam kelas *Public Speaking* pada semester sebelumnya. Peneliti memperoleh data melalui distribusi kuesioner dan wawancara

Berdasarkan hasil penelitian, kecemasan berbicara muncul selama pertunjukan berbicara di depan umum. Jenis kecemasan berbicara yang paling berpengalaman oleh para siswa adalah berbicara kecemasan. Sedangkan faktor internal yang paling banyak adalah mengalami palpitasi dan faktor eksternal yang paling berpengalaman adalah menjadi tidak percaya diri.

**Kata kunci:** *ELESP students, public speaking, speaking anxiety*