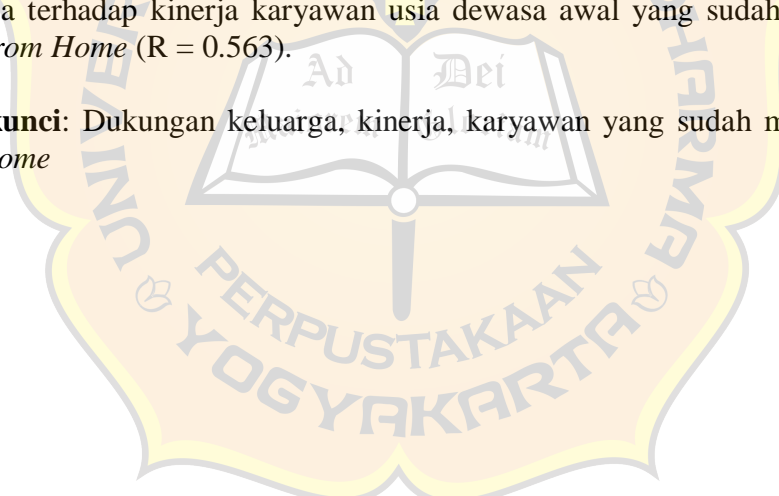# ABSTRAK

Tungabdi, Iskandar Nur Ramadhan. 2022. Pengaruh dukungan keluarga terhadap kinerja karyawan usia dewasa awal yang sudah menikah dan *work from home*. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk menguji pengaruh dimensi-dimensi dukungan keluarga terhadap kinerja karyawan usia dewasa awal yang sudah menikah dan *Work from Home*. Hipotesis dalam penelitian ini yakni dukungan keluarga memengaruhi secara positif kinerja karyawan usia dewasa awal yang sudah menikah dan WFH. Partsipan dalam penelitian ini adalah karyawan yang sudah menikah dan WFH, yang berusia 18-40 tahun. Data penelitian ini didapatkan dengan menyebarkan skala dukungan keluarga milik King et al. (1995) (α DE = 0.784; α DI = 0.653) dan skala kinerja milik Koopmans (2014) (α CP = 0.743; α TP = 0.816; α CWB = 0.725). Analisis data penelitian menggunakan regresi linear berganda. Hasil penelitian menunjukkan bahwa terdapat pengaruh dukungan keluarga terhadap kinerja karyawan usia dewasa awal yang sudah menikah dan *Work from Home* (R = 0.563).

Kata kunci: Dukungan keluarga, kinerja, karyawan yang sudah menikah, *Work from Home*

ABSTRACT

Tungabdi, Iskandar Nur Ramadhan. 2022. The effect of family support on job performance of married early adult employees and work from home. *Thesis*. Yogyakarta: Psychology, Psychology Faculty, Sanata Dharma University.

This study aims to examine the effect of the dimensions of family support on the performance of married and Work from Home employees. This study hypothesized that family support positively affects the performance of married early-adult employees and WFH. The participants in this study were married employees and WFH, aged 18-40 years. The data for this study were obtained by distributing the family support scale belonging to King et al. (1995) (α DE = 0.784; DI = 0.653) and the Koopmans (2014) performance scale (α CP = 0.743; TP = 0.816; CWB = 0.725). Analysis of research data using multiple linear regression. The results showed that there was an effect of family support on the performance of married and work-from-home employees (R = 0.563).

Keywords: Family support, performance, married employees, Work from Home