

## ABSTRAK

Anggraeni, A.K. 2022. *Psychological Well-being* Pada Perempuan yang Menikah Dini di Usia Remaja. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma

Penelitian ini bertujuan untuk mengetahui gambaran *Psychological Well-being* (PWB) pada perempuan yang menikah dini di usia remaja. Penelitian ini merupakan penelitian kualitatif melalui pendekatan kualitatif deduktif. Pengambilan data dilakukan melalui wawancara semi terstruktur pada tiga partisipan yang dipilih dengan kriteria tertentu, yaitu perempuan yang menikah di bawah usia 18 tahun. Secara keseluruhan, hasil penelitian memunculkan dua hal yaitu terdapat dua dimensi atau aspek PWB yang dapat dicapai oleh dua partisipan yaitu *positive relations with others* dan *environmental mastery* sedangkan partisipan satunya mencapai aspek *personal growth*. Meskipun demikian, pernikahan dini tentunya berdampak pada tidak tercapainya aspek PWB, ketiga partisipan sama-sama tidak mencapai aspek *self-acceptance* dan *autonomy*. Faktor yang memengaruhi tercapai dan tidak tercapainya PWB antara lain faktor individu, usia, status sosial ekonomi, dukungan sosial, dan budaya.

**Kata Kunci:** Remaja, Pernikahan Dini, *Psychological Well-Being*

**ABSTRACT**

Anggraeni, A.K. 2022. *Psychological Well-being In Women Who Have Early Marriage During Adolescent. Thesis*. Yogyakarta: Psychology, Psychology Faculty, Sanata Dharma University.

*This study aims to determine the description of Psychological Well-being (PWB) in women who have early marriage during adolescent . This research is qualitative research through a deductive qualitative approach. Data collection was carried out through semi-structured interviews with three participants who were selected with certain criteria, namely women who were married under the age of 18. Overall, the results of the research reveal two things, namely there are two dimensions or PWB aspects that can be achieved by two participants, namely positive relations with others and environmental mastery while the other participant achieves aspects of personal growth. Even so, early marriage certainly had an impact on not achieving the PWB aspect, the three participants did not achieve the aspects of self-acceptance and autonomy. Factors that influence whether or not PWB is achieved include individual factors, age, socioeconomic status, social support, and culture.*

**Keywords:** *Adolescents, Early Marriage, Psychological Well-Being*