

**COPING STRES PERAWAT PASIEN STROKE
DI RUMAH SAKIT BETHESDA YOGYAKARTA**

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ABSTRAK

Penelitian ini merupakan penelitian kualitatif yang bertujuan untuk mengetahui gambaran *coping* yang dilakukan perawat pasien stroke dalam mengatasi stres yang dirasakan. Partisipan dalam penelitian adalah dua orang perawat yang bekerja di Rumah Sakit Bethesda Yogyakarta. Penelitian ini menggunakan pendekatan dan teknik analisis fenomenologis deskriptif. Metode pengambilan data menggunakan wawancara semi-terstruktur. Hasil penelitian menunjukkan bahwa strategi *coping* yang berpengaruh besar bagi kedua partisipan yaitu strategi *coping seeking social support* dan *coping-coping* yang termasuk dalam *religious coping*.

Kata kunci: perawat pasien stroke, stres, *coping*

***COPING STRESS OF NURSE OF STROKE PATIENT
IN BETHESDA HOSPITAL YOGYAKARTA***

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ABSTRACT

This research is a qualitative research that aims to describe the coping performed by nurse of stroke patient sufferers in overcoming the stress they feel. Participants in the study were two nurses who worked in Bethesda Hospital Yogyakarta. This study uses descriptive phenomenological analysis approaches and techniques. The method of data collection is used by semi-structured interviews. The results of the study show that the coping strategies that have a major influence on both participants are coping strategies seeking social support and coping strategies which are included in religious coping.

Keywords: nurse of stroke patient, stress, coping