

ABSTRAK

Skripsi ini berjudul **DESKRIPSI PENGHAYATAN SAKRAMEN REKONSILIASI MAHASISWA PRODI PENDIDIKAN KEAGAMAAN KATOLIK UNIVERSITAS SANATA DHARMA ANGKATAN 2020/2021**. Penulis mengangkat judul tersebut karena adanya keprihatinan akan penghayatan sakramen rekonsiliasi di kalangan mahasiswa yang meredup. Penelitian skripsi ini bertujuan untuk mendapatkan gambaran pandangan Gereja terhadap sakramen rekonsiliasi dan gambaran penghayatan sakramen rekonsiliasi mahasiswa Prodi Pendidikan Keagamaan Katolik Universitas Sanata Dharma angkatan 2020/2021. Permasalahan pokok tersebut dicapai melalui studi pustaka dan penelitian ilmiah. Penelitian ini menggunakan pendekatan kualitatif dengan teknik pengumpulan data berupa kuesioner, wawancara, dan *Focus Group Discussion* (FGD) untuk memperoleh data dari informan. Hasil akhir menunjukkan bahwa mahasiswa Prodi Pendidikan Universitas Sanata Dharma angkatan 2020/2021 memiliki tingkat pemahaman dan penghayatan yang cukup baik terhadap sakramen rekonsiliasi. Temuan penelitian menunjukkan bahwa mahasiswa prodi Pendidikan Keagamaan Katolik Universitas Sanata Dharma Angkatan 2020/2021 menghayati sakramen rekonsiliasi sebagai pengalaman yang membantu memperkembangkan kehidupan spiritual sebagai pribadi yang tumbuh dalam iman maupun sebagai calon pendidik agama yang membimbing orang lain dalam perjalanan iman mereka. Mahasiswa juga merasakan pembaruan dan pemulihan hubungan dengan Allah dan sesama melalui sakramen ini. Meskipun begitu tingkat keterseringan mahasiswa dalam merayakan sakramen rekonsiliasi rata-rata sekali setahun dan mahasiswa terkadang tidak nyaman dan takut mengakukan dosa karena takut dosa dibocorkan.

Kata Kunci: penghayatan sakramen rekonsiliasi, mahasiswa Prodi Pendidikan Keagamaan Katolik, pertobatan, pemulihan.

ABSTRACT

The title of this thesis is "Description of the Experience of the Sacrament of Reconciliation among Catholic Religious Education Students of Sanata Dharma University, Class of 2020/2021." The author chose this title due to concerns about the diminishing experience of the Sacrament of Reconciliation among students. The main problem addressed in this thesis aims to provide an overview of the Church's perspective on the Sacrament of Reconciliation and the experience of Catholic Religious Education students of Sanata Dharma University, Class of 2020/2021, in practicing this sacrament. The main issue is approached through literature review and scientific research. This research employs a qualitative approach with data collection techniques such as questionnaires, interviews, and Focus Group Discussions (FGDs) to gather information from participants. The final results indicate that the Catholic Religious Education students of Sanata Dharma University, Class of 2020/2021, have a relatively good level of understanding and experience in the Sacrament of Reconciliation. The research findings demonstrate that these students perceive the Sacrament of Reconciliation as an experience that helps them develop their spiritual lives, both as individuals growing in faith and as future religious educators guiding others in their faith journey. The students also experience a renewal and restoration of their relationship with God and others through this sacrament. However, it is noteworthy that the frequency of students celebrating the Sacrament of Reconciliation is, on average, once a year, and students sometimes feel uncomfortable and fearful of confessing their sins due to concerns about the confidentiality of their confessions.

Keywords: *experience of the Sacrament of Reconciliation, Catholic Religious Education students, repentance, restoration.*