

ABSTRAK

Penelitian ini mengkaji konflik batin tokoh utama Sintong dalam Novel *Selamat Tinggal* Karya Tere Liye: Tinjauan Psikologi Sastra Abraham Maslow. Tujuan penelitian ini adalah mendeskripsikan bagaimana konflik batin yang dialami tokoh utama Sintong dan apa faktor penyebab konflik batin tokoh utama Sintong dalam novel *Selamat Tinggal* karya Tere Liye ditinjau dari teori kebutuhan Abraham Maslow.

Jenis penelitian yang digunakan adalah jenis penelitian kualitatif dengan metode yang digunakan dalam penelitian ini adalah metode deskriptif kualitatif. Metode ini digunakan untuk mendeskripsikan bagaimana konflik batin yang dialami oleh tokoh utama Sintong serta apa saja faktor penyebab terjadinya konflik batin akibat tidak terpenuhinya kebutuhan-kebutuhan dasar manusia. Data dalam penelitian berupa kata, kalimat, atau paragraf yang menunjukkan konflik batin tokoh utama. Data yang telah diperoleh kemudian diperiksa keabsahannya oleh triangulator.

Hasil analisis menunjukkan bahwa dalam novel *Selamat Tinggal* karya Tere Liye terdapat tujuh wujud konflik batin yang dialami oleh tokoh utama Sintong yaitu kesedihan, harapan, rasa bersalah, penolakan, kekesalan, penyesalan, dan cemburu. Konflik ini muncul karena tidak terpenuhinya kebutuhan-kebutuhan dasar manusia. Penyebab konflik batin tokoh utama Sintong dalam novel *Selamat Tinggal* karya Tere Liye ditinjau dari teori kebutuhan Abraham Maslow. Teori kebutuhan Abraham Maslow terdiri dari (1) kebutuhan fisiologis, (2) kebutuhan akan keamanan, (3) kebutuhan akan cinta dan keberadaan, (4) kebutuhan akan penghargaan, dan (5) kebutuhan akan aktualisasi diri. Pada novel *Selamat Tinggal* karya Tere Liye, kebutuhan fisiologis tokoh Sintong terpenuhi dengan baik, sedangkan empat kebutuhan lain yaitu kebutuhan akan keamanan, kebutuhan akan cinta dan keberadaan, kebutuhan akan penghargaan, dan kebutuhan akan aktualisasi diri tokoh Sintong tidak terpenuhi. Berdasarkan hasil penelitian yang telah peneliti lakukan ditemukan adanya kebaruan yaitu analisis konflik batin dalam novel *Selamat Tinggal* dengan tinjauan psikologi sastra Abraham Maslow.

Kata kunci: Konflik batin, tokoh utama, psikologi sastra.

ABSTRACT

This study examines the inner conflict of the main character Sintong in the novel Goodbye by Tere Liye: a review of Abraham Maslow's literary Psychology. The purpose of this study is to describe how the inner conflict experienced by the main character Sintong and what are the factors causing the inner conflict of the main character Sintong in the novel Goodbye by Tere Liye viewed from Abraham Maslow's theory of needs.

The type of research used is a type of qualitative research with the method used in this study is a qualitative descriptive method. This method is used to describe how the inner conflict experienced by the main character Sintong and what are the factors causing the conflict due to non-fulfillment of basic human needs. Data in the form of words, sentences, or paragraphs that show the inner conflict of the main character. The data that has been obtained is then examined validity was checked by triangulator.

The results of the analysis showed that in the novel Goodbye by Tere Liye there are seven forms of inner conflict experienced by the main character Sintong namely sadness, hope, guilt, rejection, resentment, regret, and jealousy. This conflict arises because of the non-fulfillment of basic human needs. The cause of the inner conflict of the main character Sintong in the novel Goodbye by Tere Liye is viewed from Abraham Maslow's theory of needs. Abraham Maslow's theory of needs consists of (1) physiological needs, (2) the need for security, (3) the need for love and existence, (4) the need for appreciation, and (5) the need for self-actualization. In the novel Goodbye by Tere Liye, the physiological needs of Sintong characters are well met, while the other four needs, namely the need for security, the need for love and existence, the need for appreciation, and the need for self-actualization of Sintong characters are not met. Based on the results of research that researchers have done, it was found that there was a novelty, namely the analysis of inner conflict in the novel Goodbye with a review of Abraham Maslow's literary psychology.

Keywords: *inner conflict, the main character, literary psychology.*