

ABSTRACT

PUTRI, MARIA VIRDA PRAMASARI. (2023). **Revealing Joe Goldberg's Antisocial Personality Disorder as Portrayed in the Netflix Series *YOU* Season 1**. Yogyakarta: Department of English Letters, Faculty of Letters, Universitas Sanata Dharma.

Literature is a record of human consciousness that can be used as a medium to learn about human experiences since it carries values and issues that humans also have in their lives. Since literature and human are inseparable, there is a strong correlation between literature and psychology since psychology is a science that deals with humans. A Netflix series *YOU* is one example of literature portraying the reflections of real-life events since the main character, Joe Goldberg, experiences conflicts and problems. Traumatic events experienced by Joe Goldberg are the portrayal of his conflict, which affected the formation of his dysfunctional and destructive behavior. This study aims to see how Joe Goldberg's core issues and defense mechanisms significantly affect the formation of his destructive behavior, which is classified as the tendency of antisocial personality disorder.

Three research questions are formulated in this study. The first analyzes Joe Goldberg's characteristics, the second is Joe Goldberg's core issues reflected in his characteristics, and the last one is Joe Goldberg's defense mechanisms as his way of coping with his core issues that lead to revealing the tendency of antisocial personality disorder.

The researcher uses the library research method to gather the information and sources relevant to this study, such as theories, to answer the three research questions. The psychoanalytical approach is applied and used in this study since this study discusses the unconscious level of humans. There are two kinds of sources to conduct this study which are the primary source is the Netflix series *YOU*, and the secondary source is theories such as the theory of character and characterization by Boggs and Petrie, The theory of psychoanalytic by Sigmund Freud, and lastly the concept of antisocial personality disorders by Fox.

The result of this research shows that Joe Goldberg is depicted as a hopeless romantic, manipulative, intelligent, aggressive, superior, observant, judgmental, and caring person. Joe Goldberg's core issues are shown in his characteristics as the result of his past traumatic experiences, that he fears of abandonment, fear of betrayal, low self-esteem, and insecure or unstable sense of self. As his way of coping with his core issues, it is revealed that Joe Goldberg applied several defense mechanisms such as repression, reaction-formation, projection, denial, identification, and rationalization. The analysis of defense mechanisms reveals that Joe Goldberg is classified as a person with antisocial personality disorder, specifically a sociopath.

Keywords: *Antisocial personality disorder, core issues, defense mechanisms, Joe Goldberg, psychoanalytic*

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Sastra adalah hasil karya manusia yang dapat digunakan sebagai media untuk belajar tentang pengalaman manusia karna mengandung nilai dan permasalahan yang juga manusia punya dalam kehidupannya. Sastra dan manusia tidak dapat dipisahkan karena ada korelasi yang kuat antara sastra dan psikologi yang merupakan ilmu yang berhubungan dengan manusia. Serial Netflix *YOU* adalah salah satu contoh karya sastra yang menggambarkan peristiwa nyata karena tokoh utamanya, Joe Goldberg, mengalami konflik. Peristiwa traumatis yang dialami Joe Goldberg merupakan penggambaran konfliknya yang berdampak pada pembentukan perilaku destruktif. Penelitian ini bertujuan untuk melihat bagaimana *core issues* dan mekanisme pertahanan Joe Goldberg secara signifikan mempengaruhi dalam pembentukan perilaku destruktifnya, yang tergolong dalam kecenderungan gangguan kepribadian antisosial.

Tiga pertanyaan penelitian diformulasikan dalam penelitian ini. Yang pertama menganalisis karakteristik Joe Goldberg, yang kedua meneliti *core issues* Joe Goldberg tercermin dalam karakteristiknya, dan yang terakhir mekanisme pertahanan Joe Goldberg sebagai caranya mengatasi *core issues* nya yang mengarah pada pengungkapan kecenderungan gangguan kepribadian antisosial.

Peneliti menggunakan pendekatan studi pustaka untuk mengumpulkan informasi dan sumber-sumber yang relevan dengan penelitian ini, seperti teori, untuk menjawab tiga pertanyaan yang telah dirumuskan. Pendekatan psikoanalitik digunakan dalam penelitian ini karena penelitian ini membahas tentang tingkat ketidaksadaran manusia. Ada dua macam sumber untuk melakukan penelitian ini yaitu sumber primer yang adalah serial Netflix *YOU*, dan sumber sekunder adalah teori-teori seperti teori *character and characterization* oleh Boggs dan Petrie, Teori psikoanalitik oleh Sigmund Freud, dan terakhir the concept of antisocial personality disorder by Fox.

Hasil penelitian menunjukkan bahwa Joe Goldberg digambarkan sebagai orang yang *hopeless romantic*, manipulatif, cerdas, agresif, superior, *observant*, *superior*, dan peduli. *Core issues* Joe Goldberg ditunjukkan dalam karakteristiknya sebagai hasil dari pengalaman traumatis masa lalunya, bahwa ia takut ditinggalkan, takut dikhianati, rendah diri, dan perasaan diri yang tidak aman atau tidak stabil. Sebagai caranya mengatasi *core issues*, terungkap bahwa Joe Goldberg menerapkan beberapa mekanisme pertahanan seperti represi, reaksi formasi, proyeksi, penyangkalan, identifikasi, dan rasionalisasi. Analisis mekanisme pertahanan mengungkapkan bahwa Joe Goldberg diklasifikasikan sebagai orang dengan gangguan kepribadian antisosial, terkhususnya sosiopat.

Kata kunci: *Antisocial personality disorder, core issues, defense mechanisms, Joe Goldberg, psychoanalytic*