

ABSTRAK

Putri, Maria Immaculata Sekar Chrysantina. 2023. Hubungan antara Stres Kerja dan Kepuasan Kerja pada Mahasiswa Magang. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara stres kerja dan kepuasan kerja pada mahasiswa yang sedang menjalani program magang selama kuliah. Hipotesis dalam penelitian ini adalah terdapat hubungan negatif antara stres kerja dan kepuasan kerja pada mahasiswa magang. Penelitian ini memperoleh 195 partisipan dengan kriteria: 120 perempuan dan 75 laki-laki, berusia 19-25 tahun, merupakan mahasiswa atau mahasiswi aktif di seluruh perguruan tinggi di Indonesia, dan sedang menjalani program magang di institusi/organisasi/perusahaan manapun. Alat ukur yang digunakan yaitu skala stres kerja (28 aitem, $\alpha = 0.907$) dan skala kepuasan kerja *Minnesota Satisfaction Questionnaire* (MSQ) (20 aitem, $\alpha = 0.914$) yang telah diadaptasi. Hasil dari penelitian ini menunjukkan bahwa data tidak terdistribusi normal namun memenuhi syarat linearitas. Proses penelitian dilanjutkan menggunakan Spearman's Rho. Hasil uji korelasi menunjukkan nilai koefisien korelasi (r) - 0.335 dengan nilai probabilitas sebesar (p) 0.000. Hasil tersebut dapat disimpulkan bahwa hipotesis penelitian diterima. Dengan kata lain, semakin tinggi tingkat stres kerja mahasiswa magang, maka semakin rendah tingkat kepuasan kerja pada mahasiswa magang.

Kata kunci : Stres kerja, kepuasan kerja, mahasiswa magang



ABSTRACT

Putri, Maria Immaculata Sekar Chrysantina. 2023. Correlation between Work Stress and Job Satisfaction among Internship Students. *Thesis*. Yogyakarta: Psychology, Psychology Faculty, Sanata Dharma University.

This study aims to determine the correlation between work stress and job satisfaction among internship students during college. The hypothesis of the proposed research is the negative and significant correlation between work stress and job satisfaction among internship students. This study obtained 195 participants with the following criteria: 120 female and 75 male, active students in university all over Indonesia, and currently undergoing an internship program at any institution/organization/company. The measurement tools used are the work stress scale (28 items, $\alpha = 0.907$) and the Minnesota Satisfaction Questionnaire (MSQ) job satisfaction scale (20 items, $\alpha = 0.914$) which have been adapted. The results of the research showed that data is not normally distributed but were qualified for linearity. Therefore, the research process was analyzed by Spearman's Rho. This can be seen from the correlation coefficient (r) was -0.335 and probability value (p) was 0.000 . These results can be concluded that the research hypothesis was accepted. Based on this, the higher the stress level of internship students, the lower the level of job satisfaction of internship students.

Keywords: work stress, job satisfaction, internship students

