

ABSTRAK

Halawa, Pankrasia Nasrani. 2023. Hubungan antara sindrom kompleks Cinderella dengan persepsi terhadap kemampuan pemecahan masalah remaja perempuan berusia 15-20 tahun. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini dilaksanakan untuk meninjau hubungan antara sindrom kompleks Cinderella dengan persepsi terhadap kemampuan pemecahan masalah remaja perempuan. Penelitian ini berhipotesis bahwa semakin tinggi sindrom kompleks Cinderella pada remaja, maka semakin rendah persepsi terhadap kemampuan pemecahan masalahnya. Skala yang digunakan pada penelitian ini ialah skala *Cinderella Complex* ($\alpha = 0,841$) dan skala *Problem Solving Inventory* ($\alpha = 0,90$). Penelitian ini dilakukan pada 389 remaja perempuan yang berusia 15-20 tahun. Berdasarkan hasil uji korelasi, ditemukan bahwa sindrom kompleks Cinderella dan persepsi terhadap kemampuan pemecahan masalah berkorelasi secara positif. Semakin tinggi sindrom kompleks Cinderella, semakin tinggi persepsi terhadap pemecahan masalah pada remaja. Hal ini menunjukkan bahwa hipotesis penelitian ini ditolak.

Kata kunci: persepsi, kemampuan pemecahan masalah, ketergantungan, remaja perempuan.

ABSTRACT

Halawa, Pankrasia Nasrani. 2023. The relationship between Cinderella complex syndrome and problem solving appraisal in adolescent girls aged 15-20 years. *Thesis*. Yogyakarta: Psychology, Psychology Faculty, Sanata Dhama University

This study was to examine the relationship between Cinderella complex syndrome and problem-solving appraisal in adolescent girls. This study hypothesizes that higher Cinderella complex syndrome in adolescents will be associated with lower problem solving appraisal. The scales that utilized in this study are the Cinderella Complex scale ($\alpha = 0.841$) and the Problem Solving Inventory scale ($\alpha = 0.90$). This study was conducted on 389 adolescent girls aged 15-20 years. Based on the results of the correlation test, it was found that Cinderella complex syndrome and problem solving appraisal were positively correlated. The higher the cinderella complex syndrome, the higher the problem solving appraisal of adolescents. This indicates that the hypothesis of this study was rejected.

Keywords: appraisal, problem-solving ability, dependency, adolescent girls.