

ABSTRAK

**HUBUNGAN ANTARA KEAKTIFAN BERORGANISASI DENGAN
PROKRASTINASI AKADEMIK PADA MAHASISWA**

**(Studi Deskriptif pada Mahasiswa Program Studi Bimbingan dan Konseling
Universitas Sanata Dharma)**

Yolanda Deanita Risang Ayu

Bimbingan dan Konseling

Universitas Sanata Dharma

2023

Penelitian ini bertujuan untuk: (1) Mengukur tingkat keaktifan mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma dalam kegiatan berorganisasi; (2) Mengukur tingkat prokrastinasi akademik mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma; (3) Mencari hubungan antara keaktifan berorganisasi dengan prokrastinasi akademik pada mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma.

Jenis penelitian yang digunakan adalah kuantitatif deskriptif. Subjek penelitian adalah mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma Angkatan 2020-2022 yang aktif dalam kegiatan berorganisasi dengan total 40 mahasiswa. Pengumpulan data menggunakan skala keaktifan berorganisasi dengan item valid 43 item dan skala prokrastinasi dengan item valid 41 item. Teknik analisis data yang digunakan pada penelitian ini adalah statistik deskriptif.

Hasil dari penelitian ini menunjukkan bahwa mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma memiliki tingkat keaktifan berorganisasi tinggi. Sedangkan dalam prokrastinasi akademik menunjukkan bahwa mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma memiliki tingkat prokrastinasi akademik yang rendah. Terdapat hubungan yang negatif antara keaktifan berorganisasi dengan prokrastinasi akademik pada mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma. Semakin aktif mahasiswa dalam kegiatan organisasi, maka semakin rendah tindakan prokrastinasi akademik yang dilakukan.

Kata kunci: keaktifan berorganisasi, prokrastinasi akademik, mahasiswa

ABSTRACT

**THE RELATIONSHIP BETWEEN ORGANIZATIONAL ACTIVITIES
AND ACADEMIC PROCRASTINATION IN STUDENTS**

***(Descriptive Study on Students of the Guidance and Counseling Study
Program at Sanata Dharma University)***

Yolanda Deanita Risang Ayu

Guidance and counseling

Sanata Dharma University

2023

This research aims to: (1) Measure the level of activeness of students from the Guidance and Counseling Study Program at Sanata Dharma University in organizational activities; (2) Measuring the level of academic procrastination of students in the Guidance and Counseling Study Program at Sanata Dharma University; (3) Looking for a relationship between organizational activity and academic procrastination in students of the Guidance and Counseling Study Program at Sanata Dharma University.

The type of research used is descriptive quantitative. The research subjects were students of the 2020-2022 Sanata Dharma University Guidance and Counseling Study Program who were active in organizational activities with a total of 40 students. Data collection used an organizational activeness scale with 43 valid items and a procrastination scale with 41 valid items. The data analysis technique used in this research is descriptive statistics.

The results of this research show that students in the Guidance and Counseling Study Program at Sanata Dharma University have a high level of organizational activity. Meanwhile, academic procrastination shows that students in the Guidance and Counseling Study Program at Sanata Dharma University have a low level of academic procrastination. There is a negative relationship between organizational activity and academic procrastination among students in the Guidance and Counseling Study Program at Sanata Dharma University. The more active students are in organizational activities, the lower the acts of academic procrastination carried out.

Keywords: *organizational activity, academic procrastination, students*