

## ABSTRAK

Rahmandya, Annisa Parahita (2024). *Psychological well-being* Remaja Penyandang HIV di Yayasan Lentera Surakarta. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini dilakukan untuk mengeksplorasi gambaran mengenai *psychological well-being* remaja penyandang HIV di Yayasan Lentera Surakarta. Penelitian ini merupakan penelitian kualitatif dengan desain Analisis Isi Kualitatif (AIK). Partisipan dalam penelitian ini berjumlah tiga orang dengan rentang usia 14-19 tahun. Metode pengumpulan data dalam penelitian ini melalui wawancara semi-terstruktur dengan mengacu pada pedoman wawancara. Data berupa hasil wawancara kemudian dianalisis menggunakan analisis deduktif yang bertolak dari teori milik Carol Ryff (1989) mengenai *psychological well-being* atau kesejahteraan psikologis. Hasil penelitian ini menunjukkan bahwa gambaran *psychological well-being* remaja penyandang HIV di Yayasan Lentera Surakarta menunjukkan bahwa adanya keseimbangan emosional dan mental yang mendukung kesejahteraan psikologis ketiga partisipan secara keseluruhan.

**Kata kunci:** *psychological well-being* (kesejahteraan psikologis), remaja, penyandang HIV, Yayasan Lentera Surakarta

## ABSTRACT

Rahmandya, Annisa Parahita (2024). Psychological well-being of HIV positive adolescents at the Lentera Surakarta Foundation. *Thesis*. Yogyakarta: Psychology, Psychology Faculty, Sanata Dharma University.

*This study was conducted to explore the description of the psychological well-being of adolescents with HIV at the Lentera Surakarta Foundation. This study is a qualitative study with a Qualitative Content Analysis (QA) design. The participants in this study were three people with an age range of 14-19 years. The data collection method in this study was through semi-structured interviews with reference to interview guidelines. The data in the form of interview results were then analyzed using deductive analysis based on Carol Ryff's (1989) theory regarding psychological well-being. The results of this study indicate that the description of the psychological well-being of adolescents with HIV at the Lentera Surakarta Foundation shows that there is an emotional and mental balance that supports the psychological well-being of the three participants as a whole.*

**Keywords:** *psychological well-being, adolescents, HIV sufferer, Lentera Surakarta Foundation*

