

ABSTRACT

TURNIP, ANGELA KRISTIN (2024). **Jim Carroll's Defense Mechanism Caused by His Internal and External Conflicts in *The Basketball Diaries* Movie**. Yogyakarta: Department of English Letters, Faculty of Letters, Universitas Sanata Dharma.

Every character in a movie must have characteristics that can be the cause of conflict. Conflicts that arise can be internal or external, these conflicts contribute significantly to anxiety. In psychology, there is the term defense mechanism, which emerges unconsciously in dealing with anxiety. In this study, researchers analyzed the emergence of Jim Carroll's defense mechanisms in reducing the internal and external conflicts he faced.

There are three problem formulations in this study. The first one is to examine the characteristics of Jim Carroll. The second is to examine the conflicts experienced by Jim Carroll, and the last is to examine a defense mechanism that emerged because of the internal conflicts and anxiety as a result of the external conflict he faced in *The Basketball Diaries* movie. By examining Jim Carroll's characteristics and the conflicts he faces, this study seeks to reveal the defense mechanism caused by his internal conflicts and anxiety.

To analyze the three problem formulations above, the researcher used the library research method. *The Basketball Diaries* movie is the primary source used in this research. This study also used secondary sources like journals, articles, and books. The psychoanalytic approach is used in this study. There are seven theories used to examine this study, those are the theory of character and characterization, the theory of conflicts, the theory of *mise-en-scène*, the theory of cinematography, the theory of sound, the theory of anxiety and the theory of defense mechanism.

From the analysis, there are three characteristics of Jim Carroll, passionate, rebellious, and impulsive. Jim Carroll's characteristics cause conflict to occur. There are two internal conflicts, which are Jim's addiction and Jim's identity crisis. There are also two external conflicts between Jim and his mother and Jim and his friend. The conflicts faced by Jim cause the emergence of his defense mechanisms, which are displacement, repression, and regression. These defense mechanisms have a function as a tool to deal with anxiety he experienced.

Keywords: *Characteristic, conflict, defense mechanism, psychoanalytic, Jim Carroll.*

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Setiap tokoh dalam sebuah film pasti mempunyai ciri-ciri yang dapat menjadi penyebab terjadinya konflik. Konflik yang muncul bisa bersifat internal maupun eksternal, konflik tersebut memberikan kontribusi yang cukup besar terhadap kecemasan. Dalam psikologi ada istilah mekanisme pertahanan yang muncul secara tidak sadar untuk meminimalkan konflik dan kecemasan. Dalam penelitian ini, peneliti menganalisis kemunculan mekanisme pertahanan Jim Carroll dalam meredam konflik internal dan eksternal yang dihadapinya.

Ada tiga rumusan masalah dalam penelitian ini. Rumusan yang pertama adalah mengkaji dan menyebutkan ciri-ciri Jim Carroll. Kedua, mengkaji dan menyebutkan konflik-konflik yang dialami Jim Carroll, dan yang terakhir adalah mengkaji mekanisme pertahanan yang muncul karena konflik internal dan kecemasan akibat konflik eksternal yang dihadapinya dalam film *The Basketball Diaries*. Dengan mengkaji karakteristik Jim Carroll dan konflik yang dihadapinya, penelitian ini berupaya mengungkap mekanisme pertahanan yang disebabkan oleh konflik internal dan kecemasan.

Untuk menganalisis ketiga rumusan masalah di atas, peneliti menggunakan metode penelitian kepustakaan. Film *The Basketball Diaries* merupakan sumber utama yang digunakan dalam penelitian ini. Penelitian ini juga menggunakan sumber sekunder seperti jurnal, artikel, dan buku. Pendekatan psikoanalitik digunakan dalam penelitian ini. Ada lima teori yang digunakan untuk mengkaji penelitian ini, yaitu teori tokoh dan penokohan, teori konflik, teori mise-en-scène, teori sinematografi, dan teori mekanisme pertahanan.

Dari analisis, terdapat tiga ciri-ciri Jim Carroll, yaitu bergairah, memberontak, dan impulsif. Karakteristik Jim Carroll menyebabkan terjadinya konflik. Ada dua konflik internal, yaitu kecanduan Jim dan krisis identitas Jim. Ada juga dua konflik eksternal antara Jim dan ibunya serta Jim dan temannya. Konflik-konflik yang dihadapi Jim menyebabkan munculnya mekanisme pertahanannya, yaitu perpindahan, represi, dan regresi. Mekanisme pertahanan ini memiliki fungsi sebagai alat untuk mengatasi rasa cemas yang dialaminya.

Kata kunci: *Characteristic, conflict, defense mechanism, psychoanalytic, Jim Carroll.*