

ABSTRAK

Zata, Jasmine. (2025) Hubungan Persepsi kelekatan Figur Ayah dengan Kompetensi Sosial Anak Perempuan Pada Tahap Dewasa Awal. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui apakah terdapat hubungan positif antara persepsi hubungan kelekatan figur ayah dengan kompetensi sosial anak perempuan pada dewasa awal. Hipotesis yang diajukan adalah terdapat hubungan yang positif antara persepsi kelekatan figur ayah dengan kompetensi sosial anak perempuan usia pada usia dewasa awal. Subjek pada penelitian ini adalah 245 mahasiswa dengan rentang 18 - 25 tahun. Penelitian ini merupakan penelitian kuantitatif korelasional. Pengambilan data dilakukan secara daring dengan membagikan skala persepsi kelekatan figur ayah dan skala kompetensi sosial. Uji coba skala menghasilkan koefisien reliabilitas skala kelekatan sebesar 0,973 dan untuk skala kompetensi sosial koefisien reliabilitas sebesar 0,945. Data penelitian ini dianalisis dengan teknik korelasi *Spearman Rank* karena data tidak terdistribusi tidak normal. Hasil penelitian ini menunjukkan persepsi kelekatan terhadap figur ayah memiliki hubungan signifikan positif dengan kompetensi sosial ($p = 0,001$; $r = 0,648$).

Kata kunci: Kelekatan figur ayah, kompetensi sosial, anak perempuan dewasa awal.

ABSTRACT

Zata, Jasmine. (2025) *The Relationship between Perception of Attachment to Father Figures and Social Competence of Daughters in Early Adulthood.* Thesis. Yogyakarta: Psychology, Faculty of Psychology, Sanata Dharma University.

This study aims to determine whether there is a positive relationship between the perception of attachment to father figures and the social competence of daughters in early adulthood. The hypothesis proposed is that there is a positive relationship between the perception of attachment to father figures and the social competence of daughters in early adulthood. The subjects in this study were 245 students aged 18-25 years. This study is a quantitative correlational study. Data collection was carried out online by distributing the scale of perception of attachment to father figures and the scale of social competence. The trial of the scale produced a reliability coefficient of the attachment scale of 0,973 and for the scale of social competence the reliability coefficient was 0.945. The data of this study were analyzed using the Spearman Rank correlation technique because the data was not normally distributed. The results of this study indicate that the perception of attachment to father figures has a significant positive relationship with social competence ($p = 0.001; r = 0.648$).

Keywords: Father figure attachment, social competence, early adult women.