

## ABSTRAK

Wahana, Teresia Avila Rosari. 2025. Hubungan antara persepsi siswa atas kemampuan empati guru dan tingkat kecemasan berkomunikasi pada siswa SMA. Skripsi. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara persepsi siswa atas kemampuan empati guru dan tingkat kecemasan berkomunikasi pada siswa SMA. Hipotesis yang disajikan adalah adanya hubungan negatif antara persepsi siswa atas kemampuan empati guru dan tingkat kecemasan berkomunikasi pada siswa SMA. Partisipan penelitian terdiri dari 344 siswa SMA/SMK kelas X, XI, XII, dengan umur 14-19 tahun. Data dikumpulkan menggunakan Skala Persepsi Siswa atas Kemampuan Empati Guru yang disusun peneliti, merujuk pada indikator dari Wang dkk. (2022) dengan realibilitas  $\alpha=0,889$ , serta *Personal Report of Communication Apprehension-24* item version (PRCA 24) dari Aisyah (2019) dengan reliabilitas  $\alpha=0,943$ . Analisis data dilakukan dengan uji korelasi Spearman's rho, mengingat data tidak berdistribusi normal. Hasil analisis menunjukkan bahwa hipotesis penelitian ini tidak terbukti karena data justru menunjukkan adanya hubungan positif antara persepsi siswa atas kemampuan empati guru dan kecemasan berkomunikasi pada siswa SMA. Temuan ini mengindikasikan bahwa semakin positif persepsi siswa atas kemampuan empati guru, justru akan semakin positif pula tingkat kecemasan berkomunikasi yang siswa alami. Hal ini berkebalikan dengan hipotesis penelitian ini yang menduga bahwa semakin positif persepsi siswa atas kemampuan empati guru, maka akan semakin negatif tingkat kecemasan berkomunikasi yang dialami siswa SMA.

**Kata kunci :** persepsi siswa, kemampuan empati guru, kecemasan berkomunikasi, remaja, siswa SMA

## ABSTRACT

Wahana, Teresia Avila Rosari. 2024. The relationship between students' perceptions of teachers' empathy skills and the level of communication apprehension in high school students. Thesis. Yogyakarta: Psychology, Faculty of Psychology, Sanata Dharma University.

*This study aims to determine the relationship between students' perceptions of teachers' empathy skills and the level of communication apprehension in high school students. The hypothesis presented is that there is a negative relationship between students' perceptions of teachers' empathy skills and communication apprehension in high school students. The research participants consisted of 344 high school/vocational school students in grades X, XI, XII, with ages 14-19 years old. Data were collected using the Student Perceptions of Teachers' Empathic Ability Scale developed by the researcher, referring to the indicators from Wang et al. (2022) with a reliability of  $\alpha = 0.889$ , and the Personal Report of Communication Apprehension-24 item version (PRCA 24) from Aisyah (2019) with a reliability of  $\alpha = 0.943$ . Data analysis was conducted using Spearman's rho correlation test, considering that the data was not normally distributed. The results of the analysis showed that the hypothesis of this study was not proven because the data actually showed a positive relationship between students' perceptions of teachers' empathy skills and communication anxiety in high school students. This finding indicates that the more positive students' perceptions of teachers' empathy skills are, the more positive the level of communication anxiety they experience. This is contrary to the hypothesis of this study which suspects that the more positive students' perceptions of teachers' empathy abilities, the more negative the level of communication anxiety experienced by high school students.*

**Keywords :** *students perception, teachers empathy, communication apprehension, adolescents, high school students*