

ABSTRAK

Dalam pelaksanaan swamedikasi yang aman dan tepat untuk mengatasi penyakit rinitis alergi diperlukan pengetahuan, sikap, dan tindakan yang baik. Seiring bertambahnya semester, mahasiswa farmasi diharapkan akan mengalami peningkatan dalam hal pengetahuan, sikap, dan tindakan karena mendapatkan kelengkapan ilmu yang dibutuhkan. Penelitian ini bertujuan untuk menganalisis pengaruh tingkat semester terhadap tingkat pengetahuan, sikap, dan tindakan mahasiswa farmasi Universitas Sanata Dharma Yogyakarta terkait swamedikasi rinitis alergi. Penelitian ini merupakan penelitian kuantitatif observasional analitik dengan rancangan *cross sectional*. Jumlah responden yang dilibatkan sebanyak 88 orang dengan teknik pengambilan sampel secara *quota sampling*. Hasil penelitian menunjukkan kategori tingkat pengetahuan tinggi sebanyak 75% (semester 8: 22,7%; semester 6: 19,3%; semester 4: 18,2%; semester 2: 14,8%), sedang sebanyak 23,9% (semester 8: 2,3%; semester 6: 5,7%; semester 4: 6,8%; semester 2: 9,1%), dan rendah sebanyak 1,1% (semester 2); kategori sikap baik sebanyak 67% (semester 8: 19,3%; semester 6: 18,2%; semester 4: 17%; semester 2: 12,5%) dan cukup sebanyak 33% (semester 8: 5,7%; semester 6: 6,8%; semester 4: 8%; semester 2: 12,5%); kategori tindakan benar sebanyak 83% (semester 8: 25%; semester 6: 21,6%; semester 4: 20,5%; semester 2: 15,9%) dan tidak benar sebanyak 17% (semester 6: 3,4%; semester 4: 4,5%; semester 2: 9,1%). Hasil analisis data penelitian dengan uji korelasi *Spearman* diperoleh pengetahuan ($p\text{-value} < 0,001$), sikap ($p\text{-value} = 0,007$), dan tindakan ($p\text{-value} = 0,003$). Oleh karena itu, dapat disimpulkan bahwa tingkat semester berpengaruh secara signifikan terhadap tingkat pengetahuan, sikap, dan tindakan mahasiswa farmasi Universitas Sanata Dharma Yogyakarta terkait swamedikasi rinitis alergi.

Kata kunci: swamedikasi, rinitis alergi, pengetahuan, sikap, tindakan.

ABSTRACT

In the implementation of safe and appropriate self-medication to overcome allergic rhinitis, good knowledge, attitude, and action are needed. As the semester progresses, pharmacy students are expected to experience an increase in knowledge, attitude, and action because they have obtained the complete knowledge needed. This study aims to analyze the influence of academic semester level on the knowledge, attitude, and practice of pharmacy students at Sanata Dharma University Yogyakarta regarding self-medication for allergic rhinitis. This research is an analytical observational study with a cross-sectional design. The study involved 88 people, selected using a quota sampling technique. The results showed that 75% of respondents had a high level of knowledge (semester 8: 22.7%; semester 6: 19.3%; semester 4: 18.2%; semester 2: 14.8%), 23.9% of respondents had a medium level of knowledge (semester 8: 2.3%; semester 6: 5.7%; semester 4: 6.8%; semester 2: 9.1%), and 1.1% of respondents had a low level of knowledge (semester 2); 67% had a good attitude (semester 8: 19.3%; semester 6: 18.2%; semester 4: 17%; semester 2: 12.5%) and 33% had a moderate attitude (semester 8: 5.7%; semester 6: 6.8%; semester 4: 8%; semester 2: 12.5%); 83% showed proper practice (semester 8: 25%; semester 6: 21.6%; semester 4: 20.5%; semester 2: 15.9%) and 17% not showed proper practice (semester 6: 3.4%; semester 4: 4.5%; semester 2: 9.1%). The results of the research data analysis using the Spearman correlation test obtained knowledge ($p\text{-value} < 0.001$), attitude ($p\text{-value} = 0.007$), and practice ($p\text{-value} = 0.003$). Therefore, it can be concluded that the semester level has a significant effect on the level of knowledge, attitude, and practice of pharmacy students at Sanata Dharma University Yogyakarta regarding self-medication for allergic rhinitis.

Key words: self-medication, allergic rhinitis, knowledge, attitude, practice.