

ABSTRAK

Yohannes, M. D. (2025). Hubungan Kesepian dengan Perilaku *Cybersex* pada Pengguna *Roleplay* Usia *Emerging Adult*. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara kesepian dengan perilaku *cybersex* pada pengguna *roleplay* usia *emerging adult*. Hipotesis yang diajukan adalah terdapat hubungan antara kesepian dan perilaku *cybersex* pada *emerging adult* pengguna *roleplay*. Partisipan pada penelitian ini adalah 409 individu pengguna *roleplay* berusia 18-25 tahun di media sosial. Penelitian dilakukan menggunakan metode kuantitatif dengan pengambilan sampel dengan teknik *convenience sampling*. Data penelitian diperoleh menggunakan dua jenis skala yang disusun oleh peneliti, yaitu Skala Kesepian dengan aspek kesepian milik Horowitz et al. (1982) dan Skala *Cybersex* dengan aspek *cybersex* milik Delmonico dan Miller (2003). Skala Kesepian memiliki nilai reliabilitas Cronbach's Alpha sebesar 0.927 dan Skala *Cybersex* sebesar 0.926. Data dianalisis menggunakan teknik korelasi *two-tailed Pearson correlation*. Hasil olah data menunjukkan taraf signifikansi sebesar $p = 0.047$ ($p < 0.05$) dan taraf korelasi sebesar 0.098. Berdasarkan hasil tersebut, dapat disimpulkan bahwa terdapat hubungan positif antara kesepian dan perilaku *cybersex* dengan tingkat kekuatan hubungan tergolong sangat rendah.

Kata kunci: kesepian, *cybersex*, *roleplay*, *emerging adult*

ABSTRACT

Yohannes, M. D. (2025). The Relationship between Loneliness and Cybersex Behavior on Emerging Adult Roleplayer. Thesis. Yogyakarta: Psychology, Faculty of Psychology, Sanata Dharma University.

This study aimed to determine the relationship between loneliness and cybersex behavior on emerging adult roleplayer. The hypothesis proposed in this study is that there is a relationship between loneliness and cybersex behavior on emerging adult roleplayer. The participants in this study were 409 roleplayer aged 18-25 years old on the social media. This study used quantitative method with convenience sampling technique. The data of this study was collected using two types of scale that were composed by the researcher, named Loneliness Scale with the loneliness aspect by Horowitz et al. (1982) and Cybersex Scale with the cybersex aspect by Delmonico and Miller (2003). The Loneliness Scale has the Cronbach's Alpha reliability value of 0.927 and the Cronbach's Alpha reliability value of the Cybersex Scale is 0.926. Study data was analyzed using Pearson's Two-Tailed correlation. The result of data analysis showed significance value of $p = 0.047$ ($p < 0.05$) and correlation value of 0.098. Based on the result, it can be concluded that there is a positive relationship between loneliness and cybersex behavior with a very low level of relationship strength.

Keywords: *loneliness, cybersex, roleplay, emerging adult.*

