

ABSTRAK

Serina. 2025. Hubungan Antara Pengalaman Diskriminasi Etnis dan Kecemasan Interaksi Sosial pada Individu Etnis Tionghoa. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan positif antara pengalaman diskriminasi etnis dan kecemasan interaksi sosial pada individu etnis Tionghoa. Penelitian ini merupakan penelitian kuantitatif dengan teknik pengambilan sampel *convenience sampling*. Sebanyak 145 subjek berjenis kelamin perempuan, dan 58 subjek berjenis kelamin laki-laki ($N = 203$). Berdasarkan jumlah tersebut, sebanyak 165 subjek menempuh pendidikan perguruan tinggi. Subjek diuji dengan skala pengalaman diskriminasi etnis adaptasi dari PEDQ-CV (Brondolo *et al.*, 2005; $\alpha = 0,998$) dan skala kecemasan interaksi sosial adaptasi dari SIAS (Mattick & Clarke, 1998; $\alpha = 0,930$). Analisis uji korelasi menggunakan teknik *Spearman's Rho one-tailed*. Hasil penelitian menyatakan adanya hubungan positif dan signifikan antara pengalaman diskriminasi etnis dan kecemasan interaksi sosial pada individu etnis Tionghoa ($p = <,001$; $r=0,242$).

Kata kunci: diskriminasi etnis, kecemasan interaksi sosial, etnis Tionghoa.

ABSTRACT

Serina. 2025. The Relationship Between Experiences of Ethnic Discrimination and Social Interaction Anxiety Among Individuals of Chinese-Indonesian descent. *Thesis*. Yogyakarta: Psychology, Psychology Faculty, Sanata Dharma University.

This study aims to examine the positive relationship between experiences of ethnic discrimination and social interaction anxiety among individuals of Chinese-Indonesian descent. This research is a quantitative study using a convenience sampling technique. A total of 145 participants were women, and 58 participants were male (N = 203). Based on these totals, 165 of them are pursuing higher education. Participants were evaluated using the Experiences of Ethnic Discrimination Scale, an adapted version of the PEDQ-CV (Brondolo et al., 2005; $\alpha = 0.998$) and Social Interaction Anxiety, an adapted version of the SIAS (Mattick & Clarke, 1998; $\alpha = 0.930$). Correlation test analysis was conducted using the one-tailed Spearman's Rho. The results indicate a significant positive relationship between experiences of ethnic discrimination and social interaction anxiety among individuals of Chinese-Indonesian descent ($p = <.001$; $r=0.242$).

Keywords: ethnic discrimination, social interaction anxiety, Chinese-Indonesian descent.