

**PENGEMBANGAN MODEL PEMBELAJARAN DISCUSS GO TERINTEGRASI
MINDFUL LEARNING PADA MATERI SEJARAH KONTROVERSIAL UNTUK
MENINGKATKAN CRITICAL THINKING PESERTA DIDIK SMA/SMK**

Adityo Oktoviano

211314039

ABSTRAK

Penelitian ini bertujuan untuk, (1) Merumuskan hasil analisis kebutuhan dasar dalam mengembangkan model pembelajaran *Discuss Go* terintegrasi *mindful learning* pada materi sejarah kontroversial. (2) Menyusun desain produk model pembelajaran *Discuss Go* terintegrasi prinsip *mindful learning* pada materi sejarah kontroversial. (3) Mengetahui hasil uji akhir/uji efektivitas produk dalam meningkatkan *critical thinking* peserta didik SMA/SMK. Metode penelitian yang digunakan yakni R&D atau *Research and Development* dengan model ADDIE. Dalam penelitian ini ditempuh 4 tahapan, yakni *Analysis* (analisis), *Design* (desain), *Development* (pengembangan), dan *Implementation* (implementasi) karena keterbatasan waktu penelitian, biaya, dan kesempatan mengajar. Instrumen dan teknik pengumpulan data menggunakan wawancara, tes, kuesioner, dan dokumentasi. Teknik analisis data menggunakan teknik gabungan antara analisis kualitatif dan kuantitatif.

Hasilnya, (1) berdasarkan hasil analisis kebutuhan di SMAN 11 Yogyakarta didapati model pembelajaran yang dapat mengakomodasi pembelajaran sejarah kontroversial yang diberi nama *Discuss Go* terintegrasi *mindful learning* yang dapat diimplementasikan pada jenjang SMA/SMK agar dapat meningkatkan kemampuan berpikir kritis. (2) Hasil desain model pembelajaran *Discuss Go* berupa sintaks pembelajaran yang telah dibukukan dan sudah divalidasi dari ahli media dan modul pembelajaran sebesar 97% (sangat valid) dan ahli model pembelajaran sebesar 78,26% (valid) menandakan produk layak untuk diimplementasikan. (3) Hasil uji akhir/efektivitas model pembelajaran melalui *pre-test* dan *post-test* menunjukkan skor rata-rata *N-Gain* sebesar 0,768 (kategori tinggi) dan angket kemampuan berpikir kritis sebesar 77,3 (kategori tinggi) dari 24 peserta didik. Oleh karena itu, model pembelajaran *Discuss Go* secara efektif dapat diimplementasikan untuk meningkatkan kemampuan berpikir kritis dalam pembelajaran sejarah pada materi sejarah kontroversial.

Kata Kunci: model pembelajaran *Discuss Go*, *mindful learning*, sejarah kontroversial, *critical thinking*.

ABSTRACT

This research aims to (1) Formulate the results of the basic needs analysis in developing the Discuss Go learning model which is integrated with the mindful learning concept on controversial historical materials; (2) Develop the product design of the Discuss Go learning model integrated with mindful learning principles on controversial historical materials. (3) Knowing the results of the final test/ product effectiveness test in improving critical thinking of highschool students. The research method used is a Research and Development with the ADDIE model. In this study, 4 stages were taken, namely, Analysis, Design, Development, and Implementation, due to limited research time, costs, and teaching opportunities. Instruments and data collection techniques used include interviews, tests, questionnaires, and documentation. The data analysis technique used a combined technique between qualitative and quantitative analysis.

Based on the results of the needs analysis at SMAN 11 Yogyakarta, the study shows that (1) there is a learning model that can accommodate controversial history learning called Discuss Go which is integrated with mindful learning that can be implemented at the highschool level in order to improve students critical thinking skills. (2) Discuss Go learning model design in the form of learning syntax has been recorded and validated by media experts, showing at 97% (very valid), and learning model experts at 78.26% (valid), indicating that the product is feasible to implement. (3) The results of the final test/effectiveness of the learning model through pre-test and post-test show an average N-Gain score of 0.768 (high category) and a critical thinking ability questionnaire of 77.3 (high category) from 24 students. Therefore, the Discuss Go learning model can be effectively implemented to improve critical thinking skills in learning history on controversial historical materials.

Keywords: Discuss Go learning model, mindful learning, controversial history, critical thinking.