

ABSTRAK

“PENGEMBANGAN BUKU PANDUAN AKTIVITAS *PRACTICAL LIFE* BERBASIS METODE MONTESSORI UNTUK MENGEMBANGKAN KEMANDIRIAN ANAK USIA 3-6 TAHUN ”

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Kemandirian merupakan kemampuan fundamental yang penting ditanamkan sejak usia dini. Hasil analisis kebutuhan masih ada anak yang belum memiliki sifat mandiri. Penelitian ini bertujuan untuk mengembangkan buku panduan *aktivitas practical life* berbasis montessori untuk mengembangkan kemandirian anak 3-6 tahun dan mengetahui kualitas buku panduan aktivitas *practical life* dalam mengembangkan kemandirian anak usia 3-6 tahun. Penelitian ini menggunakan metode *Research and Development* (R&D) dengan model pengembangan ADDIE (*Analysis, Design, Development, Implementation, Evaluation*). Teknik pengumpulan data dilakukan melalui wawancara, kuesioner, dan observasi.

Hasil penelitian ini menunjukkan (1) penembangan buku panduan aktivitas *practical life* berbasis metode Montessori mengikuti lima langkah *Research and Development* (R&D) dengan model pengembangan ADDIE. (2) buku panduan aktivitas *practical life* berbasis metode Montessori dinilai memiliki kualitas yang “Sangat Baik” dengan rekomendasi “Tidak perlu direvisi” dengan skor 3,65. Selain itu, terdapat peningkatan skor kemandirian anak dari observasi awal 2,49 dengan kategori “Kurang Baik” ke observasi akhir menjadi 3,81 dengan kategori “Sangat Baik” setelah penerapan buku panduan, Dengan demikian buku panduan ini yang menunjukkan bahwa layak dan efektif dalam menstimulasi perkembangan kemandirian anak.

Kata kunci: Buku Panduan, *Practical Life*, Metode Montessori, Kemandirian Anak.

ABSTRACT

“DEVELOPMENT OF PRACTICAL LIFE ACTIVITY GUIDE BASED ON MONTESSORI METHOD TO DEVELOP INDEPENDENCE OF CHILDREN AGED 3-6 YEARS”

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Independence is a fundamental skill that is important to instill from an early age. The results of the needs analysis show that there are still children who do not have independent characteristics. This study aims to develop a Montessori-based practical life activity guidebook to develop the independence of children aged 3-6 years and to determine the quality of practical life activity guidebooks in developing the independence of children aged 3-6 years. This study employs the Research and Development (R&D) method using the ADDIE development model (Analysis, Design, Development, Implementation, Evaluation). Data collection techniques include interviews, questionnaires, and observations.

The results of this study indicate that (1) the development of the Montessori-based practical life activity guidebook followed the five steps of the Research and Development (R&D) method using the ADDIE development model. (2) The Montessori-based practical life activity guidebook was rated as having a “Very Good” quality with the recommendation “No revision needed” and a score of 3.65. Additionally, there was an increase in children's independence scores from an initial observation of 2.49, categorized as “Poor,” to a final observation of 3.81, categorized as “Very Good,” after the implementation of the guidebook. Thus, this guidebook demonstrates that it is suitable and effective in stimulating children's independence development.

Keywords: *Guidebook, Practical Life, Montessori Method, Children's Independence.*