

ABSTRAK

Dhaneswari, O. (2025). Hubungan Pola Asuh Otoritatif dan *willingness to sacrifice* (Kesediaan Berkorban) pada Individu *Emerging Adulthood* yang Berpacaran. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara pola asuh otoritatif dengan *willingness to sacrifice* pada individu *emerging adulthood* yang berpacaran. Hipotesis nol (H_0) dalam penelitian ini adalah tidak adanya hubungan positif antara pola asuh otoritatif dengan *willingness to sacrifice* pada individu *emerging adulthood* yang berpacaran. Hipotesis alternatif (H_1) dalam penelitian ini adalah terdapat hubungan positif antara pola asuh otoritatif dengan *willingness to sacrifice* pada individu *emerging adulthood* yang berpacaran. Penelitian ini menggunakan pendekatan kuantitatif korelasional dengan teknik pengambilan sampel *nonprobability sampling*. Partisipan penelitian berjumlah 128 individu *emerging adulthood* berusia 18-25 tahun yang menjalin hubungan berpacaran dengan durasi hubungan minimal 6 bulan. Dua variabel penelitian ini diukur dengan metode skala, yaitu skala Parental Authority Questionnaire ($\alpha = 0,849$) dan skala *willingness to sacrifice* Scale ($\alpha = 0,735$) yang disebarakan melalui media sosial seperti X (Twitter), Instagram, dan WhatsApp. Hasil uji korelasi *Spearman's Rho* menunjukkan adanya nilai korelasi positif dan signifikan sebesar 0,295 dengan signifikansi 0,001. Berdasarkan hasil tersebut, terdapat hubungan yang positif dan signifikan antara pola asuh otoritatif dengan *willingness to sacrifice* pada individu *emerging adulthood* yang berpacaran.

Kata kunci: Pola asuh otoritatif, *willingness to sacrifice*, *emerging adulthood*, hubungan romantis, hubungan pacaran.

ABSTRACT

Dhaneswari, O. (2025). The Relationship Between Authoritative Parenting Style and willingness to sacrifice Among Emerging Adulthood in Romantic Relationships. *Undergraduate Thesis*. Yogyakarta: Faculty of Psychology, Sanata Dharma University.

This study aims to examine the relationship between authoritative parenting style and willingness to sacrifice among emerging adulthood in romantic relationships. The null hypothesis (H_0) of this study states that there is no positive relationship between authoritative parenting style and willingness to sacrifice among emerging adults in romantic relationships. The alternative hypothesis (H_1) states that there is a positive relationship between authoritative parenting style and willingness to sacrifice among emerging adults in romantic relationships. This research employed a quantitative correlational approach with a non-probability sampling technique. The participants consisted of 128 emerging adults aged 18–25 years who were in a dating relationship for a minimum of six months. The two variables were measured using scales, namely the Parental Authority Questionnaire ($\alpha = 0.849$) and the willingness to sacrifice Scale ($\alpha = 0.735$), which were distributed through social media platforms such as X (Twitter), Instagram, and WhatsApp. The Spearman's Rho correlation test showed a positive and significant correlation of 0.295 with a significance level of 0.001. Based on these results, there is a positive and significant relationship between authoritative parenting style and willingness to sacrifice among emerging adults in romantic relationships.

Keywords: *Authoritative parenting style, willingness to sacrifice, emerging adulthood, romantic relationships.*