

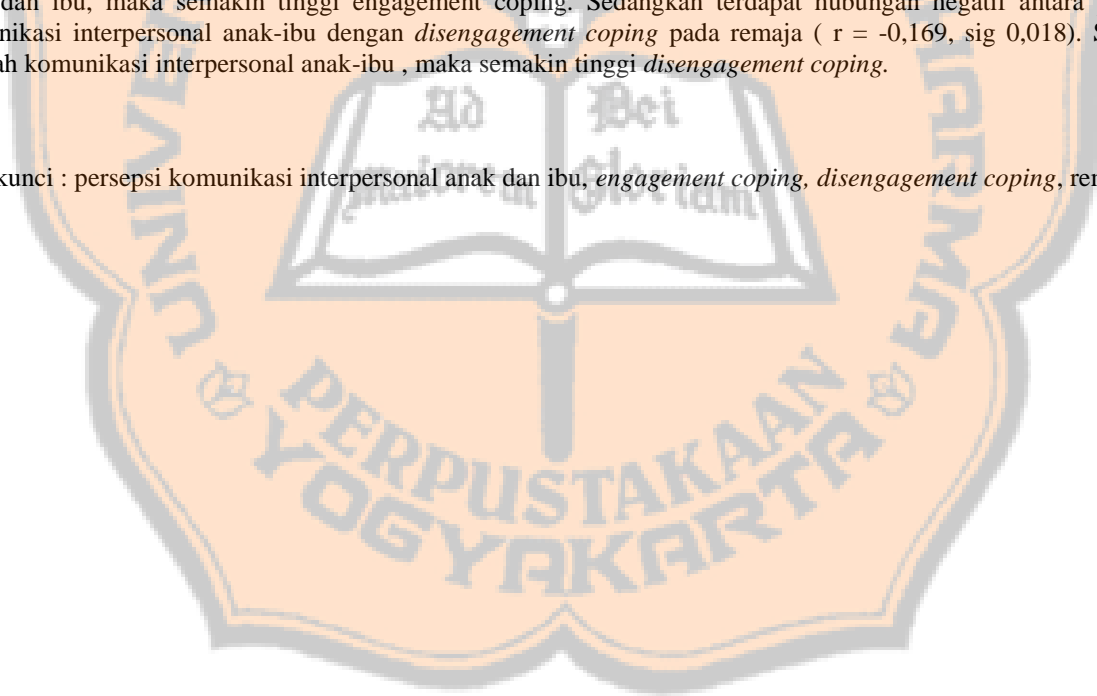
## HUBUNGAN ANTARA PERSEPSI KOMUNIKASI INTERPERSONAL ANAK DAN IBU DENGAN *COPING STRESS* PADA REMAJA

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### ABSTRAK

Penelitian ini adalah penelitian kuantitatif korelasional yang bertujuan untuk mengetahui hubungan antara persepsi komunikasi interpersonal anak dan ibu dengan *coping stress* pada remaja. Hipotesis pada penelitian ini ada 2 yaitu ada hubungan positif antara persepsi komunikasi interpersonal ibu dan anak dengan *engagement coping* pada remaja dan ada hubungan negatif antara persepsi komunikasi interpersonal antara anak dan ibu dengan *disengagement coping* pada remaja. Rancangan penelitian berupa penelitian kuantitatif korelasional dengan jumlah subjek sebanyak 156 remaja berusia 13-20 tahun yang dipilih dengan metode pengambilan data *Purposive Sampling*. Instrumen yang digunakan adalah skala komunikasi interpersonal anak-ibu dan skala *coping* remaja berupa skala Likert. Koefisien reliabilitas skala komunikasi interpersonal anak-ibu sebesar 0,937. Koefisien reliabilitas skala *engagement coping* sebesar 0,789 dan koefisien skala *disengagement coping* sebesar 0,770. Uji normalitas menunjukkan bahwa variabel komunikasi interpersonal anak-ibu, variabel *engagement coping*, variabel *disengagement coping* memiliki sebaran data penelitian yang normal. Hasil uji linearitas menunjukkan bahwa variabel *disengagement coping* dan komunikasi interpersonal memiliki kesesuaian arah hubungan, tetapi variabel *engagement coping* dan komunikasi interpersonal tidak memiliki kesesuaian arah hubungan. Analisis data dilakukan dengan Statistik Non-Parametrik, dengan teknik analisis korelasi *Spearman-Rho* melalui *SPSS for Windows 16.00*. Hasil penelitian menunjukkan bahwa terdapat hubungan positif antara persepsi komunikasi interpersonal anak-ibu dengan *engagement coping* pada remaja ( $r = 0,154$ , sig 0,027). Semakin tinggi persepsi komunikasi interpersonal anak dan ibu, maka semakin tinggi *engagement coping*. Sedangkan terdapat hubungan negatif antara persepsi komunikasi interpersonal anak-ibu dengan *disengagement coping* pada remaja ( $r = -0,169$ , sig 0,018). Semakin rendah komunikasi interpersonal anak-ibu, maka semakin tinggi *disengagement coping*.

Kata kunci : persepsi komunikasi interpersonal anak dan ibu, *engagement coping*, *disengagement coping*, remaja



## THE CORRELATION BETWEEN COMMUNICATION INTERPERSONAL PERCEPTION CHILDREN AND MOTHER WITH COPING STRESS IN ADOLESCENT

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### **ABSTRACT**

This research aimed to measure the correlation between communication interpersonal perception children and mother with coping stress in adolescent. There were two hypotheses in this research, the positive correlation between communication interpersonal perception children and mother with engagement coping in adolescent and the negative correlation between communication interpersonal perception children and mother with disengagement coping in adolescent. The design of the study was Correlational Quantitative, with a number of sample is 156 adolescents age 13-20 years old with Purposive Sampling method. The instruments used the scale of children and mother's communication and Likert scale for coping adolescent. Reliability coefficient in the form of children and mother's interpersonal communication was 0,937. Reliability coefficient in the form of engagement coping was 0,789 and in the form of disengagement coping was 0,770. The normality test showed that the spread of data from communication interpersonal perception children and mother, engagement coping, and disengagement coping were normal. The linearity in this study showed that disengagement coping and communication interpersonal perception had the congruent linearity, but engagement coping and interpersonal communication did not have congruent linearity. Data of this study were analyzed using Non-Parametric Statistic with Spearman Rho analyzing technique through SPSS for Windows 16.00. The result showed that there was a positive correlation between children and mother's interpersonal correlation with engagement coping in adolescent ( $r = 0,154$ , sig 0,027). The highest the communication interpersonal perception children and mother correlation, the highest engagement coping. On the other hand, there was a negative correlation between communication interpersonal perception children and mother correlation with disengagement coping in adolescent ( $r = -0,169$ , sig 0,018). The lowest communication interpersonal perception children and mother, the highest disengagement coping.

Keywords: communication interpersonal perception children and mother, engagement coping, disengagement coping, adolescent