

ABSTRAK

**MAKNA KETERLIBATAN DALAM PENDAMPINGAN IMAN
BAGI ORANG MUDA KATOLIK DI PAROKI SANTA MARIA
PAJAR MATARAM LAMPUNG TENGAH**

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Penulisan skripsi ini dilatarbelakangi oleh realitas keterlibatan Orang Muda Katolik (OMK) dalam pendampingan iman di Paroki Santa Maria Pajar Mataram. Keterlibatan belum dipahami sebagai partisipasi aktif dalam komunitas. OMK hanya hadir secara fisik, tetapi kurang memberi kontribusi nyata dalam kegiatan pendampingan iman. Rumusan masalah penulisan ini adalah bagaimana bentuk-bentuk kegiatan OMK dalam pendampingan iman, apa makna keterlibatan dalam pendampingan iman bagi OMK, dan faktor-faktor apa yang mendukung dan menghambat keterlibatan OMK dalam pendampingan iman. Penulisan ini dilakukan untuk mengetahui lebih mendalam realitas keterlibatan OMK dalam pendampingan iman di Paroki Santa Maria Pajar Mataram Lampung Tengah. Metode penelitian yang digunakan adalah kualitatif dengan pendekatan fenomenologi deskriptif. Data dikumpulkan melalui observasi dan wawancara mendalam terhadap OMK dan pendamping di Paroki Santa Maria Pajar Mataram. Hasil penelitian menunjukkan bahwa ada beberapa macam bentuk-bentuk kegiatan pendampingan iman bagi OMK diantaranya doa bersama, retreat atau rekoleksi, adorasi Sakramen Maha Kudus, doa rosario, pelayanan liturgi dan aksi sosial. Pendampingan iman memberi makna positif terhadap pertumbuhan iman dalam kehidupan sehari-hari seperti kepedulian terhadap sesama dan semangat dalam kegiatan pelayanan liturgi sehingga mempererat relasi dengan Tuhan. Faktor pendukung meliputi dukungan keluarga, komunitas, peran pendamping dan romo paroki, sedangkan faktor penghambat meliputi kesibukan akademik, kejenuhan kegiatan, jarak tempat tinggal, dan kurangnya motivasi. Kesimpulan penelitian ini menegaskan pentingnya pendampingan iman yang kontekstual, kreatif, dialogis, dan berkelanjutan bagi OMK di tingkat paroki, sehingga dapat membantu pertumbuhan iman OMK.

Kata Kunci: Keterlibatan, Pendampingan Iman, Orang Muda Katolik

ABSTRACT

**THE MEANING OF INVOLVEMENT IN FAITH ACCOMPANIMENT FOR
YOUNG CATHOLICS AT SANTA MARIA PAJAR PARISH, MATARAM,
CENTRAL LAMPUNG**

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This thesis is motivated by the reality of the involvement of Catholic Youth (Orang Muda Katolik/OMK) in faith accompaniment at Santa Maria Parish, Pajar Mataram. Such involvement has not yet been understood as active participation within the parish community. OMK tend to be present only physically and provide limited concrete contributions to faith accompaniment activities. The research questions address: the forms of OMK activities in faith accompaniment, the meaning of involvement in faith accompaniment for OMK, and the supporting and inhibiting factors affecting OMK involvement in faith accompaniment. This study aims to gain a deeper understanding of the reality of OMK involvement in faith accompaniment at Santa Maria Parish, Pajar Mataram, Central Lampung. The research method employed is qualitative, using a descriptive phenomenological approach. Data were collected through observation and in-depth interviews with OMK members and faith companions at Santa Maria Parish, Pajar Mataram. The findings indicate several forms of faith accompaniment activities for OMK, including communal prayer, retreats or recollections, Eucharistic adoration, the rosary prayer, liturgical service, and social action. Faith accompaniment provides positive meaning for the growth of faith in daily life, such as increased concern for others and greater enthusiasm in liturgical ministry, thereby strengthening the relationship with God. Supporting factors include family support, community involvement, and the roles of faith companions and the parish priest, while inhibiting factors include academic commitments, activity fatigue, distance from place of residence, and lack of motivation. This study concludes that contextual, creative, dialogical, and sustainable faith accompaniment at the parish level is essential in supporting the faith development of Catholic Youth.

Keywords: *Involvement, Faith Accompaniment, Catholic Youth*