

ABSTRACT

PRATIWI, RUTH LOEMARIA. (2026). **The Influence of Wanda Maximoff's Characteristics Toward Her Process of Grief in *Doctor Strange in The Multiverse of Madness* by Sam Raimi.** Yogyakarta: Department of English Letters, Faculty of Letters, Universitas Sanata Dharma.

Literature has long been part of human culture as a means of expressing experiences, ideas, and emotions. Film, often seen as a visual form of literature, requires viewers to interpret visual and auditory elements. A film's meaning and emotional impact are created through key elements, one of which is theme. The world of film is well known for its insightful exploration of human psychology, and one of the most common themes portrayed is loss. Elisabeth Kübler-Ross, an American psychiatrist, introduced the five stages of grief in her book *On Death and Dying* (1997). This study explores the portrayal of Wanda Maximoff's grieving process, focusing on her character as one of the most complex figures in *Doctor Strange in the Multiverse of Madness*.

There are two objectives of this study. The first objective is to identify Wanda Maximoff's characteristics that influence her grieving process in *Doctor Strange in the Multiverse of Madness*. The second objective is to analyze Wanda Maximoff's grieving process in *Doctor Strange in the Multiverse of Madness*.

The researcher employed a library research method to address the research problems. The primary source of this study was the film *Doctor Strange in the Multiverse of Madness*. The secondary sources were obtained from books, journals, articles, and other publications related to the topic. A psychological approach was used to analyze Wanda Maximoff's grieving process in the film as influenced by her characteristics. Three theories were applied in this research. The first was the theory of characterization proposed by Boggs and Petrie (2008), the second was the theory of the stages of grief by Kübler-Ross (1997), and the third was the theory of mise-en-scène by Bordwell and Thompson (2017).

This study identified several characteristics of Wanda Maximoff that influence her grieving process, namely obsessive, powerful, and vulnerable. The study also analyzed her grieving process, which includes denial, anger, depression, and acceptance. Her characteristics influence each stage of grief that she experiences. The researcher concludes that although Wanda Maximoff is powerful and possesses the ability to control people's minds, she still experiences grief and loss and has to struggle to overcome her grief.

Keywords: *characteristics, grieving process, psychological*

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Sastra telah lama menjadi bagian dari budaya manusia sebagai media untuk mengekspresikan pengalaman, gagasan, dan emosi. Film, yang sering dianggap sebagai bentuk visual dari sastra, menuntut penonton untuk menafsirkan unsur visual dan auditori. Makna dan dampak emosional sebuah film dibangun melalui beberapa unsur penting, salah satunya adalah tema. Dunia perfilman dikenal luas karena kemampuannya dalam mengeksplorasi psikologi manusia secara mendalam, dan salah satu tema yang paling sering diangkat adalah kehilangan. Elisabeth Kübler-Ross, seorang psikiater asal Amerika, memperkenalkan lima tahap duka dalam bukunya *On Death and Dying* (1997). Penelitian ini mengkaji penggambaran proses berduka Wanda Maximoff dengan menitikberatkan pada karakternya sebagai salah satu tokoh paling kompleks dalam *Doctor Strange in the Multiverse of Madness*.

Penelitian ini memiliki dua tujuan. Tujuan pertama adalah mengidentifikasi karakteristik Wanda Maximoff yang memengaruhi proses berdukanya dalam *Doctor Strange in the Multiverse of Madness*. Tujuan kedua adalah menganalisis proses berduka Wanda Maximoff sebagaimana digambarkan dalam film tersebut.

Peneliti menggunakan metode penelitian kepustakaan untuk menjawab permasalahan penelitian. Sumber primer dalam penelitian ini adalah film *Doctor Strange in the Multiverse of Madness*. Sumber sekunder diperoleh dari buku, jurnal, artikel, dan publikasi lain yang relevan dengan topik penelitian. Pendekatan psikologis digunakan untuk menganalisis proses berduka Wanda Maximoff dalam film yang dipengaruhi oleh karakteristiknya. Tiga teori digunakan dalam penelitian ini, yaitu teori penokohan oleh Boggs dan Petrie (2008), teori tahap-tahap duka oleh Kübler-Ross (1997), dan teori mise-en-scène oleh Bordwell dan Thompson (2017).

Hasil penelitian menunjukkan bahwa Wanda Maximoff memiliki beberapa karakteristik yang memengaruhi proses berdukanya, yaitu obsesif, kuat, dan rentan. Penelitian ini juga mengungkapkan bahwa proses berduka yang dialami Wanda meliputi tahap penyangkalan, kemarahan, depresi, dan penerimaan. Setiap tahap duka tersebut dipengaruhi oleh karakteristik yang dimilikinya. Peneliti menyimpulkan bahwa meskipun Wanda Maximoff memiliki kekuatan besar dan kemampuan untuk mengendalikan pikiran orang lain, ia tetap mengalami duka dan kehilangan serta harus berjuang untuk mengatasi penderitaannya.

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