

## ABSTRAK

Anakotta, R. A. (2025). Peran Organisasi Rantau Dalam Proses Penyesuaian Diri Mahasiswa Rantau di Yogyakarta. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini merupakan penelitian kualitatif yang bertujuan untuk mengetahui peran organisasi rantau dalam penyesuaian diri mahasiswa rantau di Yogyakarta. Pengambilan data dilakukan menggunakan metode wawancara semi-terstruktur dan *depth-interview* terhadap tiga informan berusia 19-21 tahun, yang dipilih menggunakan teknik *convenience sampling* dan *criterion sampling*. Kriteria pemilihan adalah mahasiswa aktif di Yogyakarta yang tergabung dalam organisasi rantau. Hasil penelitian menunjukkan bahwa organisasi rantau berperan dalam proses penyesuaian diri mahasiswa rantau yang mencakup aspek: *learning about self*, *academic adjustment*, *self-care*, dan meningkatkan interaksi positif dengan masyarakat tuan rumah (*host community*) dengan memperkenalkan budaya rantau (*house culture*). Kemudian, terdapat hal-hal yang memengaruhi penyesuaian diri mahasiswa rantau, seperti: kepribadian, dukungan keluarga, dan dukungan sosial.

**Kata kunci:** *Penyesuaian Diri, Mahasiswa Rantau, Organisasi Rantau*

## ABSTRAC

Anakotta, R. A. (2025). The Role of Student Hometown Organizations In The Adjustment Process of Out-Of-Town Students In Yogyakarta. *Thesis*. Yogyakarta: Psychology, Faculty of Psychology, Sanata Dharma University.

*This qualitative study aims to examine the role of student hometown organizations in the adjustment process of out-of-town students in Yogyakarta. Data were collected using semi-structured and in-depth interviews with three informants aged 19 to 21, who were selected through convenience and criterion sampling. The selection criterion was active students in Yogyakarta, all of whom are members of a student hometown organization. The findings showed that student hometown organizations significantly contribute to the students' adjustment which includes aspects like learning about self, academic adjustment, self-care, and enhancing positive interactions with the host community through the introduction of students' house culture. Additionally, there are several factors that influence out-of-town students' adjustment, such as personality, family support, and social support.*

**Key words:** *Self-adjustment, Out-of-Town Students, Hometown Organization*