

**HUBUNGAN ANTARA KEPERIBADIAN NARSISTIK DAN INTENSI
BERSELINGKUH PADA EMERGING ADULTS SELAMA
BERPACARAN**

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ABSTRAK

Penelitian ini dilakukan guna mengetahui hubungan antara kepribadian narsistik dan intensi berselingkuh pada *emerging adults* selama berpacaran melalui pengujian empiris. Subjek dalam penelitian ini adalah *emerging adults*, yakni individu yang berusia 18-29 tahun, dan berdomisili di berbagai wilayah di Indonesia, pernah berpacaran pada saat berusia 18-29 tahun, serta belum menikah, belum menjadi orang tua, dan belum memiliki anak. Sampel penelitian ini berjumlah 230 orang dengan jumlah partisipan laki-laki sebanyak 81 orang dan partisipan perempuan sebanyak 149 orang. Peneliti berhipotesis bahwa ada hubungan positif antara kepribadian narsistik dan intensi berselingkuh pada *emerging adults* selama berpacaran. Peneliti mengukur kepribadian narsistik menggunakan *Narcissistic Personality Inventory-16* (NPI-16) (Ames dkk., 2006) dan mengukur intensi berselingkuh menggunakan *Intentions Toward Infidelity Scale* (ITIS) (Pandey dkk., 2024) yang keduanya telah diterjemahkan ke bahasa Indonesia. Skala NPI-16 memiliki reliabilitas sebesar .72 (≥ 0.70) dan skala ITIS memiliki reliabilitas sebesar .089 (≥ 0.70). Peneliti menganalisis data menggunakan metode Spearman Rank yang membandingkan nilai Spearman's Rho dengan nilai kritis Spearman Rank. Hasil analisis menunjukkan adanya korelasi positif antara kepribadian narsistik dan intensi berselingkuh, yakni sebesar .0439 ($\rho > 0.197$). Dengan demikian, dapat disimpulkan bahwa jika skor kepribadian narsistik semakin tinggi, maka intensi berselingkuh juga semakin tinggi.

Kata kunci: kepribadian narsistik, intensi berselingkuh, *emerging adults*, hubungan berpacaran, perselingkuhan

**RELATION BETWEEN NARCISSISTIC PERSONALITY AND
INTENTIONS TOWARD INFIDELITY ON EMERGING ADULTS
DURING DATING RELATIONSHIP**

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ABSTRACT

This research was done to find out the relationship between narcissistic personality and intentions toward infidelity on emerging adults during dating relationship through empirical testing. The subjects of this research are emerging adults which is an individual aged 18-29, and domiciled in different regions in Indonesia, have dating experience throughout the age of 18-29 years old, have not married, have not become a parent, and have not have a child. The samples used in this research consist of 230 participants which consist of 81 males and 149 females. The researcher hypothesizes that there is a positive relationship between narcissistic personality and intentions toward infidelity on emerging adults during dating relationship. Data collection was done using the Narcissistic Personality Inventory-16 (NPI-16) (Ames dkk., 2006) and the Intentions Toward Infidelity Scale (ITIS) (Pandey dkk., 2024) which have been adapted to the Indonesian language. The NPI-16 has a reliability score of .72 (≥ 0.70) and the ITIS has a reliability score of .89 (≥ 0.70). The analysis process of the collected data was done using the Spearman Rank method by comparing the value of Spearman's Rho to the critical value in the Spearman Rank Table. The analysis process revealed that there is a positive relationship between narcissistic personality and intentions toward infidelity with the value of .0439 ($\rho > 0.197$). In conclusion, when the score of narcissistic personality increase, there will also be an increase in the score of intentions toward infidelity.

Keywords: narcissistic personality, intentions toward infidelity, infidelity, emerging adult, dating relationship