

ABSTRACT

DEPUTRA, NATASYA JOSHELLA. (2025). **DEFENSE MECHANISM OF FOUR EATON IN *DIVERGENT* BY VERONICA ROTH**. Yogyakarta: Department of English Letters, Faculty of Letters, Universitas Sanata Dharma.

Literature comes in several forms, such as poetry, short stories, plays, essays, and novels. Among these, novels are widely read because they show human life and personal experiences in detail. Veronica Roth's novel *Divergent* illustrates the psychological problems faced by its characters, especially those related to family violence. Through the character Four Eaton, the novel shows how childhood violence can affect a person's personality and behaviour in adulthood.

This study seeks to describe the character of Four Eaton as presented in the novel. It also seeks to identify the traumatic experiences Four went through and explain the causes of those experiences. Additionally, the study intends to understand how Four copes with the effects of his past trauma.

This study uses a literary approach with a psychoanalytic perspective. The main data source is the novel *Divergent* by Veronica Roth and for supporting data are taken from books and journals related to literature and psychology. First, Four's characteristics are analyzed using M. J. Murphy's theory of characterization. Second, the trauma experienced by Four is examined using Judith Herman's theory of trauma. Third, Four's defense mechanisms are analyzed using Anna Freud's theory of defense mechanisms.

The results show that Four Eaton is courage, detachment, and has strong leadership qualities. These traits were shaped by the physical abuse he experienced as a child. To cope with this trauma, Four uses several defense mechanisms, such as repression, displacement, and isolation. In conclusion, Four's character demonstrates how childhood trauma can have long-term effects and lead to the use of defense mechanisms to cope with psychological pain.

Keywords: *characteristics, defense mechanis, Divergent, psychoanalysis, trauma*

ABSTRAK

NATASYA JOSHELLA DEPUTRA. (2025). **Defense Mechanism Reflected by Four in Veronica Roth's *Divergent***. Yogyakarta: Department of English Letters, Faculty of Letters, Universitas Sanata Dharma.

Sastra hadir dalam berbagai bentuk, seperti puisi, cerita pendek, drama, esai, dan novel. Di antara bentuk-bentuk tersebut, novel banyak dibaca karena menggambarkan kehidupan manusia dan pengalaman pribadi secara detail. Novel *Divergent* karya Veronica Roth menggambarkan masalah psikologis yang dihadapi oleh tokoh-tokohnya, terutama yang berkaitan dengan kekerasan dalam keluarga. Melalui tokoh Four Eaton, novel ini menunjukkan bagaimana kekerasan di masa kanak-kanak dapat memengaruhi kepribadian dan perilaku seseorang di masa dewasa.

Studi ini bertujuan untuk mendeskripsikan tokoh Four Eaton seperti yang disajikan dalam novel. Studi ini juga bertujuan untuk mengidentifikasi pengalaman traumatis yang dialami Four dan menjelaskan penyebab dari pengalaman tersebut. Selain itu, studi ini bertujuan untuk memahami bagaimana Four mengatasi dampak trauma masa lalunya.

Penelitian ini menggunakan pendekatan sastra dengan perspektif psikoanalitik. Sumber data utama adalah novel *Divergent* karya Veronica Rothand, sedangkan data pendukung diambil dari buku dan jurnal yang berkaitan dengan sastra dan psikologi. Pertama, karakteristik Four dianalisis menggunakan teori karakterisasi M. J. Murphy. Kedua, trauma yang dialami Four diteliti menggunakan teori trauma Judith Herman. Ketiga, mekanisme pertahanan Four dianalisis menggunakan teori mekanisme pertahanan Anna Freud.

Hasil penelitian menunjukkan bahwa Four Eaton memiliki keberanian, sikap yang tenang, dan kualitas kepemimpinan yang kuat. Sifat-sifat ini dibentuk oleh kekerasan fisik yang dialaminya semasa kecil. Untuk mengatasi trauma ini, Four menggunakan beberapa mekanisme pertahanan, seperti represi, pengalihan, dan isolasi. Kesimpulannya, karakter Four menunjukkan bagaimana trauma masa kanak-kanak dapat memiliki efek jangka panjang dan menyebabkan penggunaan mekanisme pertahanan untuk mengatasi rasa sakit psikologis.

Keywords: *characteristics, defense mechanism, Divergent, psychoanalysis, trauma*