

ABSTRAK

PERTUMBUHAN IMAN DAN RELASI SOSIAL MELALUI KATEKESE BERSAMA LANSIA DI PAROKI ST. PETRUS DAN PAULUS BABADAN

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Penelitian ini berjudul “**PERTUMBUHAN IMAN DAN RELASI SOSIAL MELALUI KATEKESE BERSAMA LANSIA DI PAROKI ST. PETRUS DAN PAULUS BABADAN**”. Pendampingan iman bagi lansia merupakan bagian penting dari tugas Gereja untuk merawat dan meneguhkan umat pada tahap kehidupan lanjut. Dalam konteks Paroki Santo Petrus dan Paulus Babadan, Program Pendampingan Iman Usia Lanjut (PIUL) hadir sebagai wadah pendampingan hidup rohani dan sosial bagi para lansia, namun pelaksanaannya menghadapi sejumlah tantangan. Penelitian ini bertujuan menggambarkan pelaksanaan katekese dalam program PIUL berdasarkan pengalaman keterlibatan dan pemaknaan para lansia.

Penelitian menggunakan pendekatan kualitatif deskriptif dengan teknik *purposive sampling*, melibatkan 11 informan lansia dan dua validator, serta mengumpulkan data melalui observasi partisipatif dan wawancara terstruktur. Hasil penelitian menunjukkan bahwa katekese dalam PIUL dilaksanakan secara terarah dan kontekstual melalui berbagai kegiatan katekese yang dipadukan dalam kegiatan rohani lainnya, seperti doa bersama, rekoleksi, pelayanan liturgis, serta aktivitas sosial dan budaya yang relevan dengan kebutuhan lansia. Para lansia mengalami pendampingan iman yang bermakna, merasakan kebersamaan, diperkuat relasi sosialnya, serta menemukan makna dan syukur dalam masa tua. Meskipun demikian, ditemukan pula kebutuhan pengembangan metode, peningkatan koordinasi, dan pembentukan kader pendamping baru. Secara keseluruhan, PIUL berhasil menjadi bentuk pendampingan iman yang partisipatif dan bernilai pastoral bagi para lansia. Melalui perjumpaan dan berbagi pengalaman bersama, serta kegiatan doa bersama, para lansia tidak hanya dikuatkan dalam iman, tetapi juga menjadi saksi hidup yang menyalurkan nilai-nilai Kristiani kepada sesama.

Kata Kunci: Katekese, lansia, pelaku katekese, pelayanan pastoral, sinodalitas.

ABSTRACT

THE SPIRITUAL GROWTH AND SOCIAL RELATIONSHIPS FOSTERED THROUGH CATECHESIS WITH THE ELDERLY AT ST. PETER AND PAUL PARISH BABADAN

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This research is entitled “THE SPIRITUAL GROWTH AND SOCIAL RELATIONSHIPS FOSTERED THROUGH CATECHESIS WITH THE ELDERLY AT ST. PETER AND PAUL PARISH BABADAN”. Faith accompaniment for the elderly is an essential part of the Church’s mission to nurture and strengthen the faithful in the later stages of life. In the context of St. Peter and Paul Parish, Babadan, the Elderly Faith Accompaniment Program (PIUL) serves as a place for spiritual and social formation, yet its implementation faces several challenges.

This study aims to describe the implementation of catechesis within the PIUL program based on the elderly participants’ experiences of involvement and meaning-making. Using a descriptive qualitative approach with purposive sampling, the research involved eleven elderly informants and two validators, and collected data through participatory observation and structured interviews. The findings show that catechesis within PIUL is carried out in a directed and contextual manner through various catechetical activities integrated into other spiritual practices, such as communal prayer, recollections, liturgical services, as well as social and cultural activities relevant to the needs of the elderly. The participants experienced meaningful faith accompaniment, a deep sense of togetherness, strengthened social relationships, and a renewed appreciation and gratitude for their later years. Nevertheless, the study also identified the need for method development, improved coordination, and the formation of new companion cadres. Overall, PIUL has proven to be a participatory and pastorally valuable form of faith accompaniment for the elderly. Through meetings and sharing experiences together, and joint prayer activities, the elderly were not only strengthened in their faith, but also became living witnesses who conveyed Christian values to others.

Keywords: *Catechesis, elderly, catechists, pastoral ministry, synodality.*