

ABSTRAK

PEMAKNAAN HIDUP CALON KONSELOR YANG TERLIBAT DALAM PRAKTIK JUDI BOLA *ONLINE* (PARLAY) (STUDI FENOMENOLOGI)

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Penelitian ini mengeksplorasi fenomena judi bola *online* (parlay) yang melibatkan mahasiswa calon konselor, sebuah kondisi yang menghadirkan kontradiksi peran bagi praktisi kesehatan mental masa depan. Tujuan penelitian ini adalah untuk: (1) memahami latar belakang keterlibatan subjek dalam judi parlay; (2) menganalisis dampak pengalaman berjudi terhadap pandangan diri, tujuan hidup, dan relasi sosial; (3) menggambarkan disrupsi pola keuangan pribadi; serta (4) mengungkap proses rekonstruksi makna hidup dan masa depan partisipan pasca-keterlibatan dalam perjudian. Fokus penelitian ini menitik pada beban etika profesi "digugu dan ditiru" yang membedakan subjek dari populasi mahasiswa pada umumnya.

Penelitian ini menggunakan pendekatan kualitatif dengan metode fenomenologi guna mengungkap esensi pengalaman subjektif partisipan. Teknik analisis data dalam penelitian ini mengikuti langkah-langkah sistematis yang dikembangkan oleh Creswell, mencakup tahap reduksi data, pembentukan unit makna, hingga deskripsi esensi. Partisipan terdiri dari tiga mahasiswa aktif Program Studi Bimbingan dan Konseling Universitas Sanata Dharma yang dipilih melalui teknik *purposive sampling*. Pengumpulan data primer dilakukan melalui wawancara mendalam sebanyak tiga sesi untuk setiap subjek, didukung dengan observasi non-partisipan selama wawancara dan dokumentasi.

Hasil penelitian menunjukkan bahwa (1) keterlibatan subjek berakar pada kondisi Vakum Eksistensial dan dorongan *Sensation Seeking* untuk mengisi kekosongan batin akibat hidup yang dirasa membosankan dan hambar. (2) Praktik judi memicu Disosiasi Kognitif akibat benturan tajam antara perilaku menyimpang dengan identitas profesional sebagai calon konselor, serta menyebabkan krisis finansial ekstrem seperti jeratan pinjaman *online* dan penggadaian aset. (3) Proses rekonstruksi makna hidup dicapai melalui penggunaan Kebebasan Berkehendak untuk mengambil Nilai Bersikap melalui kejujuran radikal serta penemuan Nilai Kreatif dengan menjadikan pendidikan bimbingan dan konseling sebagai "jangkar" masa depan dan mengalihkan energi ke hobi positif.

Kata kunci: Logoterapi, makna hidup, calon konselor, judi bola *online*, *sensation seeking*.

ABSTRACT

***LIFE MEANING OF PROSPECTIVE COUNSELORS INVOLVED IN ONLINE
SOCCER BETTING (PARLAY)
(A PHENOMENOLOGICAL STUDY)***

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This study explores the phenomenon of online soccer betting (parlay) involving prospective counselor students, a condition that presents a role contradiction for future mental health practitioners. The objectives of this study are to: (1) understand the background of the subjects' involvement in parlay betting; (2) analyze the impact of gambling experiences on self-view, life goals, and social relations; (3) describe disruptions in personal financial patterns; and (4) reveal the process of reconstructing the participants' meaning of life and future after their involvement in gambling. This research focuses on the professional ethical burden of being a role model that distinguishes the subjects from the general student population.

This research employs a qualitative approach with a phenomenological method to uncover the essence of the participants' subjective experiences. The data analysis technique follows the systematic steps developed by Creswell, which include data reduction, the formation of meaning units, and the description of the essence. The participants consisted of three active students of the Guidance and Counseling Study Program at Sanata Dharma University selected through purposive sampling. Primary data were collected through three sessions of in-depth interviews for each subject, supported by non-participant observation and documentation.

The results of the study show that (1) the subjects' involvement was rooted in an Existential Vacuum condition and Sensation Seeking drives to fill an internal void caused by a life perceived as boring. (2) Gambling practices triggered Cognitive Dissonance due to the sharp clash between deviant behavior and their professional identity as future counselors, and caused extreme financial crises such as online loan traps and asset pawning. (3) The process of reconstructing the meaning of life was achieved through the exercise of Freedom of Will to adopt Attitudinal Values through radical honesty and the discovery of Creative Values by establishing guidance and counseling education as a future "anchor" and redirecting energy toward positive hobbies.

Keywords: *Logotherapy, meaning of life, prospective counselor, online soccer betting, sensation seeking.*