

ABSTRAK

**DAMPAK MENGIKUTI KEGIATAN LEGIO MARIA TERHADAP
PENGEMBANGAN SPIRITUALITAS REMAJA
DI PAROKI SANTA MARIA PAJAR MATARAM, LAMPUNG TENGAH**

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Penelitian ini dilatarbelakangi oleh kurang optimalnya pembentukan karakter spiritual remaja dalam kegiatan Legio Maria di Paroki Santa Maria Pajar Mataram, Lampung Tengah. Fenomena seperti kurangnya ke hikmatan doa, ribut saat doa, kurang fokus, tidak memahami makna doa Legio Maria, serta kurang melaksanakan tugas pelayanan menunjukkan bahwa pembentukan karakter spiritual remaja belum optimal. Berdasarkan latar belakang tersebut, peneliti mengangkat judul “Dampak Mengikuti Kegiatan Legio Maria Terhadap Pengembangan Spiritualitas Remaja di Paroki Santa Maria Fajar Mataram Lampung. Penelitian ini bertujuan untuk menjawab pertanyaan: (1) Bagaimana dampak kegiatan Legio Maria di Paroki Santa Maria Pajar Mataram? (2) Faktor-faktor apa saja yang mendukung dan menghambat dalam mengikuti kegiatan Legio Maria? Metode penelitian yang digunakan adalah kualitatif deskriptif dengan teknik pengumpulan data melalui observasi, wawancara mendalam, dan dokumentasi. Penelitian dilaksanakan di Paroki Santa Maria Pajar Mataram pada bulan September-Oktober. Hasil penelitian menunjukkan bahwa kegiatan Legio Maria memberikan dampak yang signifikan terhadap pengembangan spiritualitas remaja, yang terlihat dalam terbentuknya kebiasaan hidup doa, meningkatnya pengalaman rohani, berkembangnya sikap tanggung jawab dan disiplin, serta tumbuhnya kepedulian sosial dan spiritualitas Marian. Selain itu, keterlibatan remaja dipengaruhi oleh faktor pendukung seperti motivasi internal, dukungan keluarga, peran pembina, dan komunitas, serta faktor penghambat seperti kejenuhan, kesibukan akademik, pengaruh teknologi, dan kurangnya kesadaran iman. Dengan demikian, kegiatan Legio Maria merupakan sarana pembinaan iman yang efektif dalam membentuk spiritualitas remaja secara holistik, namun memerlukan pengembangan yang lebih kreatif dan kontekstual agar sesuai dengan kebutuhan remaja masa kini.

Kata Kunci: Legio Maria, Spiritualitas Remaja

ABSTRACT

***THE IMPACT OF PARTICIPATING IN LEGIO MARIA ACTIVITIES ON
THE DEVELOPMENT OF ADOLESCENTS' SPIRITUALITY AT SANTA
MARIA PAJAR MATARAM PARISH, CENTRAL LAMPUNG***

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This study is motivated by the less optimal formation of adolescents' spiritual character in Legio Maria activities at Santa Maria Pajar Mataram Parish, Central Lampung. Phenomena such as lack of reverence during prayer, talking during prayer, lack of focus, limited understanding of the meaning of Legio Maria prayers, and insufficient involvement in service tasks indicate that the formation of adolescents' spiritual character has not been optimal. Based on this background, the researcher raises the title "The Impact of Participating in Legio Maria Activities on the Development of Adolescents' Spirituality at Santa Maria Pajar Mataram Parish, Central Lampung." This study aims to answer the following questions: (1) What is the impact of Legio Maria activities at Santa Maria Pajar Mataram Parish? (2) What factors support and hinder adolescents in participating in Legio Maria activities? The research method used is descriptive qualitative with data collection techniques through observation, in-depth interviews, and documentation. The study was conducted at Santa Maria Pajar Mataram Parish from September to October. The results show that Legio Maria activities have a significant impact on the development of adolescents' spirituality, as seen in the formation of regular prayer habits, increased spiritual experiences, the development of responsibility and discipline, and the growth of social concern and Marian spirituality. In addition, adolescents' involvement is influenced by supporting factors such as internal motivation, family support, the role of mentors, and community, as well as inhibiting factors such as boredom, academic busyness, the influence of technology, and lack of faith awareness. Therefore, Legio Maria activities are an effective means of faith formation in shaping adolescents' spirituality holistically, but require more creative and contextual development to meet the needs of today's youth.

Keywords: Legio Maria, Adolescent Spirituality