

ABSTRAK

HUBUNGAN ANTARA *EMOTIONAL LABOR* DENGAN *PSYCHOLOGICAL WELLBEING* PADA GURU HONORER DI KAWEDANAN GONDANG WINANGOEN KLATEN

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Penelitian ini bertujuan untuk (1) Untuk mengetahui tingkat *emotional labor* pada guru honorer di Kawedanan Gondang Winangoen Klaten (2) Untuk mengetahui tingkat *psychological well-being* pada guru honorer di Kawedanan Gondang Winangoen Klaten dan (3) Untuk menguji hubungan antara *emotional labor* dan *psychological wellbeing* guru honorer di Kawedanan Gondang Winangoen Klaten

Subjek dalam penelitian ini sebanyak 35 guru honorer yang memiliki jam kerja lebih dari 20 jam per minggu. Pengambilan data dilakukan dengan menggunakan dua skala model Likert, yaitu skala *emotional labor* dan skala *psychological wellbeing*. Reliabilitas kedua skala diuji menggunakan analisis *Alpha Cronbach*. Hasil koefisien reliabilitas skala *emotional labor* sebesar 0,952 dan koefisien reliabilitas skala *psychological wellbeing* sebesar 0,902.

Hasil deskriptif menunjukkan bahwa (1) tingkat *emotional labor* guru honorer cenderung berada pada kategori sedang hingga tinggi, dengan 82,86% responden termasuk kategori sedang hingga sangat tinggi dan 17,14% kategori rendah hingga sangat rendah. (2) Tingkat *psychological well-being* juga cenderung sedang hingga tinggi, dengan 97,14% responden berada pada kategori sedang hingga sangat tinggi dan 2,86% pada kategori rendah. (3) Hasil analisis menunjukkan adanya hubungan positif dan signifikan antara *emotional labor* dan *psychological well-being* ($r = 0,570$; $p < 0,001$), yang berarti semakin tinggi *emotional labor*, semakin tinggi pula *psychological well-being* guru honorer, dan sebaliknya.

Kata kunci : *emotional labor*, *psychological wellbeing*, guru honorer

ABSTRACT

***THE RELATIONSHIP BETWEEN EMOTIONAL LABOR AND
PSYCHOLOGICAL WELLBEING OF HONORARY TEACHERS
IN GONDANG WINANGOEN DISTRICT, KLATEN***

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This research aimed to (1) determine the level of emotional labor among honorary teachers in the Gondang Winangoen District, Klaten (2) determine the level of psychological well-being among honorary teachers in the Gondang Winangoen District, Klaten, and (3) examine the relationship between emotional labor and psychological well-being among honorary teachers in the Gondang Winangoen District, Klaten.

The subjects on this research were 35 honorary teachers who have working hours of more than 20 hours per week. The data were collected using two kind of Likert scales model, they were emotional labor scale and psychological wellbeing scale. The reliability of those two scales were examined using Alpha Cronbach analysis. The coefficient reliability of emotional labor scale was 0,952 and the coefficient reliability of psychological wellbeing scale was 0,902.

The descriptive results show that (1) the level of emotional labor of honorary teachers tends to be in the moderate to high category, with 82.86% of respondents in the moderate to very high category and 17.14% in the low to very low category. (2) The level of psychological well-being also tends to be moderate to high, with 97.14% of respondents in the moderate to very high category and 2.86% in the low category. (3) The results of the analysis show a positive and significant relationship between emotional labor and psychological well-being ($r = 0.570$; $p < 0.001$), which means that the higher the emotional labor, the higher the psychological well-being of honorary teachers, and vice versa.

Keywords : honorary teacher, emotional labor, psychological wellbeing.