

**HUBUNGAN ANTARA *CHILDHOOD EMOTIONAL NEGLECT*  
DENGAN *SELF-AWARENESS* PADA REMAJA**

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**ABSTRAK**

Penelitian ini bertujuan untuk mengetahui hubungan antara *childhood emotional neglect* dengan *self-awareness* pada remaja. Hipotesis yang diajukan dalam penelitian ini adalah terdapat hubungan antara *childhood emotional neglect* dengan *self-awareness* pada remaja. Partisipan dalam penelitian ini berjumlah 140 remaja. Pengumpulan data dilakukan menggunakan dua skala model *Likert*, yaitu skala *Childhood Emotional Neglect* dan skala Kesadaran Diri. Uji reliabilitas kedua skala dilakukan menggunakan analisis *Alpha Cronbach*. Hasil koefisien reliabilitas skala *Childhood Emotional Neglect* sebesar 0,843 dan koefisien reliabilitas skala kesadaran diri sebesar 0,928. Penelitian ini diuji dengan menggunakan analisis *Pearson Product Moment*. Hasil analisis menunjukkan bahwa terdapat hubungan antara *childhood emotional neglect* dengan *self-awareness* pada remaja, dengan arah hubungan negatif sebesar -0,628 dengan nilai signifikansi p sebesar 0,000. Hal ini menunjukkan semakin tinggi tingkat *childhood emotional neglect*, maka semakin rendah tingkat *self-awareness* pada remaja.

Kata kunci: *childhood emotional neglect*, *self-awareness*, remaja.

**THE RELATION BETWEEN CHILDHOOD EMOTIONAL NEGLECT  
AND SELF-AWARENESS IN ADOLESCENTS**

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**ABSTRACT**

This study aims to examine the relationship between childhood emotional neglect and self-awareness in adolescents. The hypothesis proposed in this study is that there is a relationship between childhood emotional neglect and self-awareness in adolescents. The participants in this study consisted of 140 adolescents. Data were collected using two likert scale instruments, they were the childhood emotional neglect scale and the self-awareness scale. The reliability of both scales was tested using Cronbach's Alpha analysis. The results showed that the reliability coefficient of the childhood emotional neglect scale was 0,843, while the reliability coefficient of the self-awareness scale was 0,928. The data were analyzed using Pearson Product Moment correlation analysis. The results indicated that there is a significant relationship between childhood emotional neglect and self-awareness in adolescents, with a negative correlation coefficient of -0,628 and a significance value of  $p = 0,000$ . This finding suggests that the higher the level of childhood emotional neglect, the lower the level of self-awareness in adolescents.

Keywords: childhood emotional neglect, self-awareness, adolescents.