

ABSTRAK

Nahumury, Robertha Ericha Vallerie. 2026. Hubungan antara *Insecure Attachment* dengan Tingkat Narsisme pada Mahasiswa S1 Fakultas Psikologi Universitas Sanata Dharma. Skripsi. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara *insecure attachment* dengan tingkat narsisme pada mahasiswa S1 Fakultas Psikologi Universitas Sanata Dharma. Populasi dalam penelitian ini adalah mahasiswa S1 Fakultas Psikologi Universitas Sanata Dharma. Dari total 345 responden yang mengikuti penelitian, sebanyak 284 responden yang tergolong memiliki *insecure attachment* memenuhi kriteria untuk dianalisis lebih lanjut (laki-laki: 86; perempuan: 198; rata-rata usia = 20 tahun), yang diperoleh melalui teknik *purposive sampling*. Alat ukur yang digunakan adalah Skala *Experience in Close Relationship-Relationship Structure* yang dikembangkan oleh Fraley et al. (2011) dengan koefisien reliabilitas sebesar ($\alpha = 0,805$) dan *Narcissistic Personality Inventory* versi 16 item (NPI-16) yang dikembangkan oleh Ames et al. (2006) dengan koefisien reliabilitas sebesar ($\alpha = 0,807$). Uji hipotesis menggunakan analisis korelasi Spearman's rho menunjukkan bahwa *insecure attachment* memiliki hubungan negatif yang signifikan dengan tingkat narsisme ($r = -0,170$, $p < 0,05$). Nilai koefisien korelasi tersebut menunjukkan bahwa hubungan antara *insecure attachment* dan tingkat narsisme berada pada kategori sangat lemah. Hal ini mengindikasikan bahwa semakin tinggi *insecure attachment* yang dimiliki mahasiswa, maka semakin rendah tingkat narsisme.

Kata kunci: *insecure attachment*, narsisme, mahasiswa, *emerging adulthood*

ABSTRACT

Nahumury, Robertha Ericha Vallerie. 2026. Corelation between Insecure Attachment and Narcissism Levels among Undergraduate Students of the Faculty of Psychology, Sanata Dharma University. Thesis. Yogyakarta: Psychology, Faculty of Psychology, Sanata Dharma University.

This study aims to determine the relationship between insecure attachment and levels of narcissism among undergraduate students in the Faculty of Psychology at Sanata Dharma University. The population in this study were active students of the Bachelor Program of the Faculty of Psychology, Sanata Dharma University. The research sample consisted of 345 students, However, only respondents classified as having insecure attachment were included in the analysis. Consequently, the final sample consisted of 284 students (86 males and 198 females; mean age = 20 years), selected using a purposive sampling technique. The measurement tools used were The Experience in Close Relationship-Relationship Structures (ECR-RS) scale developed by Fraley et al. (2011), with a reliability coefficient of ($\alpha = 0.805$), and the 16-item version of the Narcissistic Personality Inventory (NPI-16) developed by Ames et al. (2006), with a reliability coefficient of ($\alpha = 0.807$). Hypothesis testing using Spearman's rho correlation analysis showed that attachment avoidance had a significant negative relationship with narcissism levels ($r = -0,170$, $p < 0.05$). The correlation coefficient indicates that the relationship between insecure attachment and levels of narcissism is very weak. This suggests that the higher the level of insecure attachment among students, the lower their levels of narcissism.

Keywords: *insecure attachment, narcissism, students, emerging adulthood*