

ABSTRAK

**PENGARUH SELF EFFICACY, LOCUS OF CONTROL, DAN CAREER  
PLANNING TERHADAP KESIAPAN KERJA MAHASISWA  
Studi pada Mahasiswa S1 USD Angkatan 2022**

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Penelitian ini bertujuan untuk mengetahui pengaruh *self efficacy*, *locus of control*, dan *career planning* terhadap kesiapan kerja mahasiswa S1 Universitas Sanata Dharma angkatan 2022. Penelitian ini menggunakan pendekatan kuantitatif dengan metode survei melalui penyebaran kuesioner kepada mahasiswa S1 Universitas Sanata Dharma angkatan 2022. Sampel penelitian berjumlah 335 responden. Teknik analisis data yang digunakan adalah regresi linier berganda dengan bantuan aplikasi SPSS versi 26. Hasil penelitian menunjukkan bahwa *self efficacy*, *locus of control*, dan *career planning* secara simultan berpengaruh signifikan terhadap kesiapan kerja mahasiswa. Secara parsial, *self efficacy* berpengaruh positif dan signifikan terhadap kesiapan kerja, *locus of control* berpengaruh positif dan signifikan terhadap kesiapan kerja, serta *career planning* berpengaruh positif dan signifikan terhadap kesiapan kerja. Nilai *Adjusted R Square* sebesar 0,303 menunjukkan bahwa 30,3% variasi kesiapan kerja dapat dijelaskan oleh *self efficacy*, *locus of control*, dan *career planning*, sedangkan sisanya sebesar 69,7% dipengaruhi oleh variabel lain di luar penelitian ini. Hasil penelitian ini menunjukkan bahwa peningkatan keyakinan diri, pengendalian diri, dan perencanaan karier yang baik dapat meningkatkan kesiapan kerja mahasiswa dalam menghadapi dunia kerja.

Kata Kunci: *Self efficacy*, *locus of control*, *career planning*, kesiapan kerja, mahasiswa

**ABSTRACT**

**THE EFFECT OF SELF-EFFICACY, LOCUS OF CONTROL, AND  
CAREER PLANNING ON STUDENTS' WORK READINESS  
A Study of Undergraduate Students of USD, Class of 2022**

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This study aims to examine the influence of self-efficacy, locus of control, and career planning on the work readiness of undergraduate students at Sanata Dharma University, Class of 2022. This research employed a quantitative approach using a survey method through questionnaires distributed to undergraduate students of Sanata Dharma University, Class of 2022. The sample consisted of 335 respondents. Data were analyzed using multiple linear regression with the assistance of SPSS version 26. The results showed that self-efficacy, locus of control, and career planning simultaneously have a significant effect on students' work readiness. Partially, self-efficacy has a positive and significant effect on work readiness, locus of control has a positive and significant effect on work readiness, and career planning also has a positive and significant effect on work readiness. Furthermore, the Adjusted R Square value of 0.303 indicates that 30.3% of the variation in students' work readiness can be explained by self-efficacy, locus of control, and career planning, while the remaining 69.7% is influenced by other variables not examined in this study. These findings suggest that improving students' confidence in their abilities, their ability to control and direct their behavior, and their career planning can enhance their readiness to enter the workforce.

**Keywords:** Self-efficacy, locus of control, career planning, work readiness, students