

ABSTRAK

PENDAPAT SISWA TENTANG FAKTOR-FAKTOR KEBERHASILAN LAYANAN BIMBINGAN KLASIKAL BIDANG SOSIAL DALAM PENANGANAN MASALAH *BULLYING* PADA SISWA KELAS VIII SMP PANGUDI LUHUR 1 KLATEN

Yefta Irene Melsandi
Bimbingan dan Konseling
Universitas Sanata Dharma
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Penelitian ini dilatarbelakangi oleh masih terjadinya perilaku *bullying* di lingkungan sekolah, khususnya di SMP Pangudi Luhur 1 Klaten, serta kurangnya evaluasi tentang faktor-faktor yang menentukan keberhasilan layanan bimbingan klasikal bidang sosial dalam penanganan *bullying*. Tujuan penelitian ini adalah: (1) mengetahui faktor-faktor yang mempengaruhi keberhasilan layanan bimbingan klasikal bidang sosial dalam penanganan *bullying* menurut siswa kelas VIII, dan (2) mengidentifikasi skor pada item-item pengukuran yang menunjukkan faktor-faktor keberhasilan tersebut.

Penelitian ini menggunakan metode kuantitatif deskriptif. Populasi penelitian adalah seluruh siswa kelas VIII SMP Pangudi Luhur 1 Klaten tahun ajaran 2025/2026 yang berjumlah 147 siswa. Sampel penelitian sebanyak 96 siswa dan teknik *simple random sampling*. Instrumen pengumpulan data berupa kuesioner skala Likert dengan 48 item pernyataan yang telah diuji validitas (39 item valid) dan reliabilitas (Cronbach's Alpha 0,917). Teknik analisis data menggunakan statistik deskriptif dengan perhitungan skor rata-rata dan kategorisasi.

Hasil penelitian menunjukkan bahwa faktor dukungan sekolah dan guru BK merupakan faktor paling menentukan keberhasilan layanan (rata-rata skor 312/kategori sangat tinggi), diikuti pemahaman siswa tentang *bullying* (311/sangat tinggi), faktor *internal* siswa (311/sangat tinggi), dukungan orang tua (306/tinggi), perubahan sikap dan perilaku siswa (283/tinggi), serta keterlibatan siswa dalam program (279/tinggi). Dari 39 item valid, 11 item (28%) berada pada kategori sangat tinggi, 24 item (62%) pada kategori tinggi, dan 4 item (10%) pada kategori sedang. Kesimpulan penelitian ini adalah layanan bimbingan klasikal bidang sosial dalam penanganan *bullying* di SMP Pangudi Luhur 1 Klaten dinilai berhasil menurut pendapat siswa, dengan dukungan sekolah dan guru BK sebagai faktor terpenting.

Kata Kunci: pendapat siswa, faktor keberhasilan, bimbingan klasikal bidang sosial, *bullying*, SMP

ABSTRACT

STUDENTS' OPINIONS ON THE SUCCESS FACTORS OF CLASSICAL GUIDANCE SERVICES IN SOCIAL AREA IN HANDLING BULLYING PROBLEMS AMONG GRADE 8 STUDENTS OF SMP PANGUDI LUHUR 1 KLATEN

*Yefta Irene Melsandi
Guidance and Counseling
Sanata Dharma University
2026*

This research is motivated by the persistence of bullying behavior in the school environment, particularly at Pangudi Luhur 1 Middle School, Klaten, and the lack of evaluation of the factors that determine the success of classical social guidance services in handling bullying. The objectives of this study were: (1) to determine the factors influencing the success of classical social guidance services in handling bullying according to eighth-grade students, and (2) to identify scores on measurement items that indicate these success factors.

This study used a descriptive quantitative method. The study population was all eighth-grade students at Pangudi Luhur 1 Middle School, Klaten, in the 2025/2026 academic year, totaling 147 students. The study sample of 96 students and simple random sampling technique. The data collection instrument was a Likert-scale questionnaire with 48 items that had been tested for validity (39 valid items) and reliability (Cronbach's Alpha 0.917). The data analysis technique used descriptive statistics with the calculation of average scores and categorization.

The results showed that school and guidance counselor support were the most important factors determining the success of the service (average score of 312/very high), followed by student understanding of bullying (311/very high), internal student factors (311/very high), parental support (306/high), changes in student attitudes and behavior (283/high), and student involvement in the program (279/high). Of the 39 valid items, 11 (28%) were in the very high category, 24 (62%) were in the high category, and 4 (10%) were in the moderate category. The conclusion of this study is that the classical social guidance service in handling bullying at Pangudi Luhur 1 Junior High School, Klaten, was deemed successful according to students' opinions, with school and guidance counselor support being the most important factors.

Keywords: *student opinions, success factors, classical social guidance, bullying, junior high school*