

ABSTRAK

Herdyasari, Aura Hera. 2026. Konflik Batin Tokoh Utama dalam Novel *New Resident Yogyakarta* Karya RaisyaMq: Kajian Psikologi Sastra Sigmund Freud. Skripsi. Yogyakarta: Program Studi Pendidikan Bahasa dan Sastra Indonesia, Jurusan Pendidikan dan Seni, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Sanata Dharma.

Novel *New Resident Yogyakarta* karya RaisyaMq merupakan karya sastra yang tidak hanya menyajikan alur cerita yang menarik, tetapi juga menggambarkan berbagai dinamika psikologis yang dialami tokoh utama. Penelitian ini mengkaji konflik batin tokoh utama dalam novel *New Resident Yogyakarta* menggunakan pendekatan psikologi sastra. Penelitian ini bertujuan untuk mendeskripsikan 1) bentuk konflik batin yang dialami tokoh utama dan 2) faktor penyebab konflik batin tokoh utama dalam novel *New Resident Yogyakarta*.

Jenis penelitian ini adalah penelitian deskriptif kualitatif dengan menggunakan pendekatan psikologi sastra. Sumber data penelitian ini adalah novel *New Resident Yogyakarta* karya RaisyaMq. Data penelitian berupa kutipan narasi, dialog, dan monolog tokoh utama yang menunjukkan adanya konflik batin. Teknik pengumpulan data dilakukan melalui teknik baca dan teknik catat. Instrumen utama penelitian ini adalah peneliti sendiri yang berperan aktif dalam seluruh tahapan penelitian, mulai dari pengumpulan data hingga analisis data. Teknik analisis data yang digunakan mengacu pada teori Miles dan Huberman yang meliputi reduksi data, penyajian data, dan penarikan kesimpulan.

Hasil penelitian menunjukkan bahwa tokoh utama mengalami tujuh bentuk konflik batin, yaitu sedih, tertekan, cemas, kecewa, marah, rasa bersalah, dan takut. Konflik batin yang paling dominan dialami tokoh utama adalah cemas dan rasa bersalah. Selain itu, penelitian ini menemukan dua faktor penyebab konflik batin, yaitu faktor internal dan faktor eksternal. Faktor internal meliputi pergolakan perasaan, pikiran, harapan, dan pertentangan dalam diri tokoh utama, sedangkan faktor eksternal meliputi masalah keluarga, hubungan dengan tokoh lain, tekanan lingkungan, serta berbagai peristiwa yang dialami tokoh utama. Berdasarkan hasil penelitian, faktor eksternal lebih dominan dalam memunculkan konflik batin tokoh utama dibandingkan faktor internal karena sebagian besar pergolakan batin tokoh dipicu oleh peristiwa dan interaksi yang terjadi di lingkungan sekitarnya.

Kata Kunci: konflik batin, novel *New Resident Yogyakarta*, psikologi sastra, struktur kepribadian Sigmund Freud

ABSTRACT

Herdyasari, Aura Hera. 2026. The Inner Conflict of the Main Character in the Novel New Resident Yogyakarta by RaisyaMq: A Study of the Psychology of Sigmund Freud's Literature. Thesis. Yogyakarta: Indonesian Language and Literature Education Study Program, Department of Education and Arts, Faculty of Teacher Training and Education, Sanata Dharma University.

The novel New Resident Yogyakarta by RaisyaMq is a literary work that not only presents an interesting storyline, but also depicts various psychological dynamics experienced by the main character. This study examines the inner conflict of the main character in the novel New Resident Yogyakarta using a literary psychology approach. This study aims to describe 1) the form of inner conflict experienced by the main character and 2) the factors that cause the inner conflict of the main character in the novel New Resident Yogyakarta.

This type of research is a qualitative descriptive research using a literary psychology approach. The source of data for this research is the novel New Resident Yogyakarta by RaisyaMq. The research data is in the form of narrative quotes, dialogues, and monologues of the main characters that show the existence of inner conflicts. Data collection techniques are carried out through reading techniques and recording techniques. The main instrument of this research is the researcher himself who plays an active role in all stages of research, from data collection to data analysis. The data analysis technique used refers to Miles and Huberman's theory which includes data reduction, data presentation, and conclusion drawn.

The results of the study show that the main character experiences seven forms of inner conflict, namely sadness, depression, anxiety, disappointment, anger, guilt, and fear. The most dominant inner conflicts experienced by the main characters are anxiety and guilt. In addition, this study found two factors that cause inner conflict, namely internal factors and external factors. Internal factors include upheaval of feelings, thoughts, hopes, and contradictions in the main character, while external factors include family problems, relationships with other characters, environmental pressures, and various events experienced by the main character. Based on the results of the research, external factors are more dominant in giving rise to the inner conflict of the main character than internal factors because most of the inner turmoil of the character is triggered by events and interactions that occur in the surrounding environment.

Keywords: *inner conflict, novel New Resident Yogyakarta, literary psychology, personality structure of Sigmund Freud*